This conference is designed for health professionals who care for cardiovascular patients and their families.
7:30 to 8 a.m.  Registration/Continental Breakfast

8 to 8:05 a.m.  Welcome and Introduction
Theresa Kisiel, MSN, BS, CRNP, ANP-BC, Executive Director, UPMC Heart and Vascular Institute at UPMC Hamot
Lynn Durst, MSN, RN-BC, CHC, Clinician, UPMC Heart and Vascular Institute at UPMC Hamot; Manager, Cardiovascular Disease Management

8:05 to 8:45 a.m.  Hypertrophic Cardiomyopathy: Don’t Harden My Heart
Timothy C. Wong, MD

8:45 to 9:25 a.m.  Cardiac MRI: Total Eclipse of the Heart
Randy Jeffrey, MD, PhD

9:25 to 10:05 a.m.  Minimally Invasive Off-Pump CABG: Heart and Soul
Francis D. Ferdinand, MD, FACS, FACC

10:05 to 10:25 a.m.  Break

10:25 to 11:05 a.m.  High-Quality CPR: Staying Alive
Joseph Radachy, DO, PHP

11:05 to 11:45 a.m.  Preventing Admissions and Readmissions for AFib: With Every Beat of My Heart
Liz Pitchford, PA

11:45 a.m. to 12:30 p.m.  Lunch

12:30 to 1:10 p.m.  Stress Testing: Groove Is in the Heart
Christopher Good, DO, PACC

1:10 to 1:50 p.m.  Heart Failure Initiative: Survivor
Deborah Pora, MSN, CRNP, ANP-C, RCIS

1:50 to 2:05 p.m.  Break

2:05 to 2:45 p.m.  The Unstentable STEMI: Unbreak My Heart
Bryan Schwartz, MD

2:45 to 3:30 p.m.  Vaping With Mary: Smoking in the Boy’s Room
Mary Grotkowski, RRT, TTS, CHC

3:30 to 3:45 p.m.  Questions and Answers
Evaluations
Location
The conference is being held at the Bayfront Convention Center, overlooking the bay, at 1 Sassafras Pier, Erie, Pa. Take I-79 North, follow signs to Bayfront Parkway. Take West Bayfront Parkway to Sassafras Ext. Free parking is available at the conference center. The room temperature varies, as does personal preference, so we advise dressing in layers.

Accommodations
The Courtyard by Marriott Erie Bayfront, 2 Sassafras Pier, Erie, PA 16507, is conveniently connected to the Bayfront Convention Center. If you need overnight accommodations, please call the Courtyard by Marriott Erie Bayfront at 814-636-1005. When making your reservation, mention that you are attending the UPMC Hamot Heart of the Matter Conference and ask for the UPMC Hamot discounted rate of $99 plus taxes per night for a standard room.

Special Needs
If you are in need of any dietary or physical accommodations to participate in this program, please contact us at 814-877-2513 by Sept. 13, 2019, so that we may make the necessary arrangements.

Nursing Accreditation
UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing Contact Hours
A maximum of 6.3 nursing contact hours will be awarded (ANCC or UPMC). Participants will be able to claim credit commensurate with the extent of their participation in the program.

Disclosure Statement
All conference planning committee members and faculty participating in continuing nursing education programs sponsored by UPMC Hamot are expected to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation.

Objectives
At the completion of this seminar, you should be able to:

- Identify patients at risk for symptomatic hypertrophic cardiomyopathy.
- Review best practice for preventing exacerbations, slowing decline and the implications for patients with hypertrophic cardiomyopathy.
- Discuss indications for cardiac MRI.
- Review benefits of minimally invasive off-pump coronary artery bypass graft (CABG) surgery.
- Discuss nursing implications of post minimally invasive CABG.
- Relate the importance of high-quality CPR to improving patient outcomes in cardiac arrest.
- Describe the elements of high-quality CPR.
- Discuss admission criteria for patients with atrial fibrillation.
- Discuss the high-risk comorbidities that may place a patient with atrial fibrillation at risk for readmission.
- Review indications and contraindications for different types of stress tests.
- Define heart failure and its most common risk factors.
- Discuss prevention strategies to decrease heart failure readmissions.
- Discuss the treatment modalities for ST-segment elevation myocardial infarction (STEMI).
- Describe factors that determine the best method of treatment for STEMI.
Registration
Registration fee of $40 for all participants includes all conference materials, breakfast, and lunch. Please register by Sept. 20, 2019.

For more information visit https://ccehs.upmc.com. Click the link for Upcoming Events and scroll down to Heart of the Matter 2019.

Register Online
Visit our online registration site at https://ccehs.upmc.com.

- Click the link for Upcoming Events and scroll down to Heart of the Matter 2019.
- Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you.

Online registration is complete upon receipt of a confirmation email. If you do not receive confirmation within 5–7 days of registration, please contact the UPMC Hamot Center for Education at 814-877-2513.

Register by Mail
- Complete form on back.
- Mail — to UPMC Hamot Center for Education, 201 State Street, Erie, PA 16550, ATTN: Peggy Hinkel — with your check payable to UPMC Hamot.

To assure participation, registration and payment are expected by Sept. 20, 2019.
Registration (continued)

Name

Check Title
- RN
- LPN
- NP
- PA
- MD
- DO
- RT
- Other: ____________________________

Specialty

Institution/Organization

Street Address

City, State, ZIP

Daytime Phone Number

Email Address

- My payment by check is enclosed. Make payable to UPMC Hamot.
- My employer to send payment.

Employer Name

- Margaret Eckerd Brown Fund
  Available for UPMC Hamot nurses only. MEB application forms are available in the UPMC Hamot Education Dept. If fee is to be paid by this fund, MEB form must be completed and submitted to your manager for approval. The manager-approved form must then be submitted to the UPMC Hamot Education Dept.