

**The Center for Public Service Psychiatry
of UPMC Western Psychiatric Hospital
Presents:**

Getting Beyond Us and Them: Mental Health and Community Wellbeing

(MD46)

**June 17, 2019
8:30 am – 4:30 pm**

**University Club
123 University Place
Pittsburgh, PA 15260**

**Course Directors:
Robert Marin, MD
Wesley Sowers, MD**

Recovery and Wellness: The Journey Starts Here
**A Joint Effort Sponsored by Community Care Behavioral Health Organization
and UPMC Western Psychiatric Hospital**

Jointly Sponsored by:

The Center for Public Service Psychiatry, UPMC Western Psychiatric Hospital; Community Care Behavioral Health Organization; Dept. of Behavioral and Community Health Sciences, University of Pittsburgh School of Public Health; Pennsylvania Psychiatric Leadership Council; University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Getting Beyond Us and Them: Mental Health and Community Wellbeing

CONFERENCE OVERVIEW:

Social divisions, including those related to gender, race, religion, and poverty, are central to the challenge of providing culturally sensitive clinical care. They are interwoven with the community impact of depression, addiction, suicide and violence. Healthcare providers and community leaders advocating for community wellbeing require innovative programs to address the impact of social divisions on community solidarity and community-based service initiatives.

This conference will offer new skills and strategies for addressing the impact of social divisions on attendees' work in clinical and community settings. Keynoters will emphasize the role of historically-driven economic factors on the growing rates of behavioral disorders and the value of innovative approaches to integrating global and local resources in supporting sustainable growth and transformation of vulnerable communities. Panelists will present strategies and programs developed to improve intergroup communication, community decision making, advocacy and access to sustainable resources. In small group discussions, attendees will be introduced to skills and strategies for improving clinical care and community-based leadership sensitive to the impact of social divisions. Panel discussions and plenary lectures will provide extensive opportunity for discussion.

TARGET AUDIENCE:

The conference is intended for all behavioral stakeholders, including but not limited to: administrators, advocates, case coordinators, case managers, community members and community organizations, behavioral health and substance use service users, nurses, peer professionals and other peer workers, psychiatrists, psychologists, and all other providers.

OBJECTIVES: At the completion of the program, participants should be able to:

- Describe the impact of limited economic and social opportunity on mental health and community wellbeing.
- Apply intergroup communication strategies to clinical and community problems related to race, religion, gender, and poverty
- Identify opportunities for diverse groups to collaborate more effectively in identifying and solving shared problems
- Demonstrate clinical care and community-based advocacy through culturally sensitive leadership, teamwork, and advocacy

PLENARY SPEAKERS:

- Ken Thompson, MD, Medical Director, Pennsylvania Psychiatric Leadership Council
- Fred Brown, MSW, CEO, The Forbes Funds, Pittsburgh; former CEO Homewood Children's Village

PANEL OVERVIEWS:

There will be two panels during the conference:

1. **STRATEGIES FOR CHANGE:** Panelists will present diverse approaches to providing education, leadership and consultation including presentation of:
 - Community outreach and engagement programs of the Center for Public Service Psychiatry, Western Psychiatric Hospital, including its fellowship in Public Service Psychiatry, and its community-based dialogues with police, clergy, community organizations and people with lived experience
 - Principles and strategies of deliberative democracy, presented by the Art of Democracy which offers innovative strategies to organize inclusive deliberative, community-based forums for diverse communities, policy makers and corporations
 - Skills and strategies to enhance intergroup communication, presented by CORO Pittsburgh which provides leadership training and consultation to communities, government and business. CORO Pittsburgh will present its training strategies and will facilitate the small group discussions
 - UPMC/University of Pittsburgh Community Outreach initiatives to improve health and community wellbeing for homeless and transgender communities, including increased housing and health resources for homeless individuals and through training and member service team assistance to LGBTQ employees, members and patients

SOCIAL DIVISIONS: Improving Communication and Collaboration. Panelists will present their experience attempting to understand and provide programmatic leadership addressing issues of gender, poverty, race and religion.

Gender

Residency Education in Psychiatry
Sansea Jacobson

Poverty

Bridging Pittsburgh and the Global Economy
Fred Brown

Race and Racism

Intergroup Dialogue
Mario Browne

Religion

Muslim-Christian Dialogue
Rabbi Jamie Gibson

Recruitment and Retention of Physicians
Jeanette South-Paul

SMALL GROUP DISCUSSIONS: Morning and afternoon

1. Topics related to gender, race, religion, and poverty
2. The small group discussions will be facilitated by participating staff of CORO Pittsburgh.
3. Attendees will learn specific principles and strategies for strengthening their ability to address the complex emotional, cultural, and attitudinal factors that complicate intergroup communication in clinical or community settings.

SCHEDULE: Monday, June 17, 2019

8:00 to 8:30 am

Registration and Breakfast

8:30 to 8:45 am

Welcome and Conference Overview

- Robert Marin
- Curtis Upsher Jr.

8:45 to 10:30 am

Keynote: “Hope and Solidarity in Changing Times”

- Ken Thompson

Panel: Strategies for Change

- Ken Thompson
- Wesley Sowers, Center for Public Service Psychiatry
- Tim Dawson, The Art of Democracy
- Kristen Eckstrand, UPMC
- Brendan Harris, UPMC
- Sabrina Saunders Mosby, Pittsburgh CORO

10:30 to 10:45 am

Break

10:45 to 12:00 pm

Small Group Discussions

- Facilitation by Michael Sider-Rose
CORO Pittsburgh

12:00 to 1:00 pm

Lunch (provided)

1:00 to 2:30 pm

Keynote: Bridging the Global Economy to a Sustainable Pittsburgh

- Fred Brown, The Forbes Funds

Panel: Social Divisions: Improving Communication and Collaboration

- Fred Brown (keynote), The Forbes Funds
- Mario Browne, University of Pittsburgh
- Rabbi Jamie Gibson, Muslim Christian Dialogue
- Sansea Jacobson, UPMC Western Psychiatric Hospital
- Jeanette South-Paul, UPMC Dept. of Family Medicine

2:30 to 2:45 pm

Break

2:45 to 4:00 pm

Small Group Discussion

- Facilitation by Christian L. Moore, BA; Michael Sider-Rose, PhD; Naomi Tannenbaum, MA
CORO Pittsburgh

4:00 to 4:30 pm

Concluding Discussion

- Panelists and Attendees
- Facilitated by Robert Marin and Wesley Sowers

4:30 pm

Adjournment

- Robert Marin
- Wesley Sowers

COURSE DIRECTORS

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FACULTY

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Tim Dawson, PhD

Co-Founder
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Pittsburgh, PA

Kristen Eckstrand, MD, PhD

Graduate Medical Resident IV
UPMC Western Psychiatric Hospital
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Rabbi James A. Gibson, MHL, DD

Senior Rabbi, Temple Sinai
Pittsburgh, PA

Brendan Harris, BS

VP/GM, Govt Programs CE/NE PA
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Sansea Jacobson, MD

Associate Professor, Department of Psychiatry
Training Director, Child Fellowship and Triple Board
Co-Chair, UPMC GME WELL Committee
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PLANNING COMMITTEE:

Aurelia Carter, David Dinich, Jim Fouts, Sarah Goldstein, Sue Knickerbocker, Robert Marin, Loren Roth, Wesley Sowers, Virginia Suplee, Curtis Upsher Jr.

SPONSORING ORGANIZATIONS:

- Beaver County Behavioral Health and Developmental Services
- Center for Public Service Psychiatry, UPMC Western Psychiatric Hospital
- Community Care Behavioral Health Organization
- Dept. of Behavioral and Community Health Sciences, University of Pittsburgh School of Public Health
- Pennsylvania Psychiatric Leadership Council
- University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

For additional information on presenters and/or presentations, please contact
Doreen Barkowitz at barkowitzdh@upmc.edu.

LOCATION:**University Club**

123 University Place
Pittsburgh, PA 15260

Parking is available at the Soldiers and Sailors Memorial Hall Parking Garage

REGISTRATION INFORMATION:

Tuition: \$45.00 (does not include continuing education or continuing medical credits)

Continuing Education Credits/Continuing Medical Education Credits (\$30) - Participants can complete a continuing education credit application and pay \$30 at the registration table at the event. Certificates will be sent via e-mail once the online evaluation is complete. Payment can be made via credit card or check.

A limited number of scholarships are available upon request. *Scholarship requests should be directed to Mary Herschk at herschkmg@upmc.edu or 412-647-4860.*

Tuition Includes:

- All registration and conference materials
- Coffee and pastry 8-8:30 am
- Lunch 12:00-1:00 pm

Please return the registration form and tuition by May 27, 2019. Reservation requests received after May 27, 2019 will be honored on a space-available basis. **Please contact Nancy Mundy at mundynl@upmc.edu.**

Full Tuition must accompany the form. A \$10 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued after May 27, 2019.

To register and pay with a credit card at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=200719>

1. Scroll to the end of the page
2. Click on "Register Now" (in the box immediately below the green band)
3. When "Getting Beyond Us and Them" appears, click on 'checkout'. Consider this as 'continue'.
4. Register as a new registrant or sign in if you already have an account (username is your e-mail). **Please don't include your health insurance information!**
5. **If** there is a code for your fee, please put the code in and hit 'apply to total' (not all tuition fees have a code).
6. Pay with your credit card
7. Complete the transaction and print your receipt

If you have questions about registration, please contact Nancy Mundy at mundynl@upmc.edu.



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling Nancy Mundy at 412.204.9090.

For more information about OERP, please go to www.oerp.pitt.edu.

CONTINUING EDUCATION CREDIT:

Continuing Education Applications and Certificates: Application for continuing education and continuing medical education certificates will be completed at the conference. Certificates are \$30, payable at time of application.

Physicians

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

Counselors



UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.5 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals

Nurses and other health care professionals are awarded .65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

We request that all participants complete the online survey. Everyone must sign out at the end of the program. CEU and CADC Certificates will be available once the program has ended. All other certificates will be sent via e-mail to participants once they've completed the online survey. Please keep your certificate in a safe place once you receive it. Replacement certificates cost \$30.