Sponsored by

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences
and
Electroconvulsive Therapy Department
Western Psychiatric Institute and Clinic
Part of UPMC Presbyterian Shadyside

Dates:

January 30-February 3, 2006

April 17-21, 2006

July 24-28, 2006

October 30-November 3, 2006

Visiting Fellowship In
Electroconvulsive
Therapy
(ECT)

Course Director:
Petronilla Vaulx-Smith, M.D., Ph.D.
Description:

The Visiting Fellowship in Electroconvulsive Therapy (ECT) offers practitioners a one week intensive training in the clinical delivery of ECT at Western Psychiatric Institute and Clinic (WPIC) of the University of Pittsburgh Medical Center (UPMC). This course offers both didactic and practical instruction covering theoretical and clinical aspects of ECT treatment including: demonstrations of technical procedures; faculty presentations; case conferences and consultations; audiovisual materials; and self-instructional material and readings. Enrollment is limited to four physicians for each scheduled program which is offered quarterly each year. Specific clinical areas include medical management of high-risk patients; anesthesia; treatment in special populations; medical legal issues; informed consent; acute and continuation treatment; stimulus dosing and titration; electrode placement; seizure monitoring; outpatient mode of delivery; outcome measures; and quality control.

Prerequisites:

WPIC offers the Visiting Fellowship in ECT to practicing psychiatrists, post graduates, and trainees from psychiatric residency programs with appropriate clinical credentials.

Educational Objectives:

Upon completion of the fellowship program, the participants should be able to explain the following:

- Clinical indications, relative contraindications, side effects, and adverse risks of ECT;
- Clinical evaluation and management of ECT patients;
- Clinical and technical aspects of ECT administration;
- Techniques in lead placement, stimulus dosing, and seizure monitoring;
- ECT anesthesia procedures;
- Informed consent and legal aspects of ECT;
- Clinical implications for special populations;
- ECT acute and continuation treatment;
- Resources for advance ECT devices.
Continuing Education Credit

Accreditation
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 40.0 hours in Category 1 credit toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Schedule and Activities

WPIC offers the Visiting Fellowship in Electroconvulsive Therapy each year during the months of January, April, July and October. The curriculum incorporates both didactic and practical instruction in the administration of electroconvulsive therapy services. The course runs from Monday through Friday from 7:00 a.m. to 5:00 p.m. Monday, Wednesday, and Friday are devoted primarily to faculty and staff teaching the practical aspects of delivering electroconvulsive therapy while administering ECT to WPIC patients. Tuesdays and Thursdays will focus primarily on didactic classroom instruction, case conferences, outcome patient assessments, and ECT consultations. The program will terminate on Friday afternoon with an open forum and program evaluation.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00-7:30 AM</td>
<td>Welcome</td>
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<tr>
<td>7:30-7:45 AM</td>
<td>Introduction and Overview</td>
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<tr>
<td>7:45-9:30 AM</td>
<td>ECT Practicum</td>
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<tr>
<td>9:30-10:00 AM</td>
<td>Memory Ability and ECT</td>
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<tr>
<td>10:00-12:30 PM</td>
<td>ECT Principles and Techniques</td>
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<td>12:30-1:30 PM</td>
<td>Lunch</td>
<td></td>
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<tr>
<td>1:30-5:00 PM</td>
<td>ECT Primer: APA Guidelines for Practicing ECT</td>
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<tr>
<th>Tuesday</th>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>7:00-11:00 AM</td>
<td>ECT Practicum</td>
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<tr>
<td>11:00-12:00 PM</td>
<td>Patient Interviews/Consult (if available)</td>
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<tr>
<td>12:00-1:00 PM</td>
<td>Lunch</td>
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<tr>
<td>1:00-2:00 PM</td>
<td>Continuous Clinical Care of the ECT Patient</td>
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<tr>
<td>2:00-3:00 PM</td>
<td>Preparation &amp; Management of the ECT Patient/Hospital &amp; Ambulatory Procedures</td>
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<tr>
<td>3:00-3:30 PM</td>
<td>Simulation with ECT Device</td>
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<tr>
<td>3:30-5:00 PM</td>
<td>Development &amp; Management of an ECT Service: Policy/Personnel/Facilities/ Supplies/Licensure/QA</td>
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<tr>
<th>Wednesday</th>
<th>Time</th>
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<tr>
<td>8:00-11:00 AM</td>
<td>ECT Practicum</td>
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<tr>
<td>11:00-12:30 PM</td>
<td>Post ECT Continuation Treatment: New Research Directions</td>
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<tr>
<td>12:30-1:30 PM</td>
<td>Lunch</td>
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<tr>
<td>1:30-3:00 PM</td>
<td>Medical Assessment and Management of the ECT Patient with Relative Risks and Contraindications</td>
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<td>Time</td>
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<td>7:00-11:00</td>
<td>AM</td>
<td>ECT Practicum</td>
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<td>11:00-12:00</td>
<td>PM</td>
<td>ECT Integration</td>
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<tr>
<td>12:00-2:00</td>
<td>PM</td>
<td>Lunch and ECT Case Reviews</td>
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<tr>
<td>2:00-3:30</td>
<td>PM</td>
<td>ECT Indications</td>
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<tr>
<td>3:30-4:30</td>
<td>PM</td>
<td>ECT Mechanism of Action</td>
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<td>7:00-11:00</td>
<td>AM</td>
<td>ECT Practicum</td>
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<td>11:00-12:00</td>
<td>PM</td>
<td>Legal Issues</td>
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<td>12:00-1:00</td>
<td>PM</td>
<td>Lunch</td>
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<tr>
<td>1:00-2:30</td>
<td>PM</td>
<td>Open Forum</td>
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Consults are conducted throughout the training.
Course Director:

Petronilla Vaulx-Smith, M.D., Ph.D.
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine

Faculty:

Roger F. Haskett, M.D.
Professor of Psychiatry
University of Pittsburgh School of Medicine

Meryl Butters, Ph.D.
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine

Jack Cahalane, Ph.D.
Chief, Adult Mood and Anxiety Services
Western Psychiatric Institute and Clinic

Robert S. Dealy, M.D.
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine

Audrey Koerner, R.N.
ECT Program
Western Psychiatric Institute and Clinic

Donna Ludwig, BSN
ECT Program
Western Psychiatric Institute and Clinic

Carol E. Rose, M.D.
Assistant Professor of Anesthesiology
University of Pittsburgh School of Medicine

Mukesh Sah, M.D.
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Faculty, Continued:

Lalith Kumar K. Solai, MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine

Paul Soloff, M.D.
Professor of Psychiatry
University of Pittsburgh School of Medicine

Amy Dolan Strano, Esq.
Corporate Legal Department
University of Pittsburgh Medical Center

Adele Towers, M.D., M.P.H.
Assistant Professor of Medicine and Psychiatry
Vice Chair, Quality Improvement and Patient Safety
Department of Medicine
University of Pittsburgh School of Medicine

Carole L. Wiskeman, R.N., M.S.N., C.R.N.P.
Program Coordinator, ECT Program
Western Psychiatric Institute and Clinic

All faculty are a part of the University of Pittsburgh School of Medicine, Pittsburgh, PA unless stated otherwise.

In accordance with the Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials which will be distributed at the time of the conference.

DISCLAIMER
This program does not certify an individual’s competency in the administration of ECT.
Tuition:
$2,100  Practicing Psychiatrists
$1,050  Residents and Fellows

Tuition Includes:
  Registration
  Course Materials
  Refreshments
  Continuing Education Credit

Full tuition must accompany registration form. Please return your registration form 3 weeks prior to selected fellowship start date. A $100 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

Please make your check payable to WPIC and send it with the registration form to:

Attn:  Donna Mahaffey
Room 1070
Electroconvulsive Therapy Services
Western Psychiatric Institute and Clinic
3811 O’Hara Street
Pittsburgh, PA  15213

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program.
Registration Form: 
Visiting Fellowship In Electroconvulsive Therapy (ECT) 
(Please type or print; photocopy this form as needed.)

Name: ____________________________________________  
                             Last  First  

Address: ___________________________________________________________________

City: ___________________________________________________________________

State: ___________________ Zip: _____________________

County: ___________________________________________________________________

Telephone ( )    FAX ( ) ___________________________________________________________________

E-mail Address ___________________________________________________________________

Social Security Number: ___________  
(last five digits needed for CME credit)

Specialty & Degree(s): ___________________________________________________________

Institutional Affiliation: _________________________________________________________

Tuition Enclosed $: _____________________________________________________________

Method of Payment:  
☐ UPMC Account transfer  ☐ American Express  ☐ Visa  
☐ Master Card  ☐ Discover  ☐ Check

To be completed by credit card users only:  
Card Number: ___________________  Exp: ____________  

Signature: ___________________________________________________________________

Preferred Time Periods for Visiting Fellowship (subject to availability).  
List in order of preference.

1) __________________________________________________________________________

2) __________________________________________________________________________

3) __________________________________________________________________________

Upon receipt of this form, you will be sent additional information and an application to complete.
Accommodations:

**Holiday Inn at University Center**
100 Lytton Avenue
Pittsburgh, PA  15213
(412) 682-6200/(800) 864-8287

When making reservations, identify yourself as a participant in the Western Psychiatric Institute and Clinic “Visiting Fellowship” to receive a reduced room rate.

**Full tuition must accompany registration form. Please return your registration form 3 weeks prior to selected fellowship start date. A $100 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.**

Please make your check payable to **WPIC** and send it with the registration form to:
Attn: Donna Mahaffey
Room 1070
Electroconvulsive Therapy Program
Western Psychiatric Institute and Clinic
3811 O’Hara Street
Pittsburgh, PA  15213

**Additional Information**

For more information contact:
Petronilla Vaulx-Smith, M.D., Ph.D.
Electroconvulsive Therapy Program
Western Psychiatric Institute and Clinic
3811 O’Hara Street
Pittsburgh, PA  15213
Telephone: (412) 246-5063 or FAX: (412) 246-5065
E-MAIL: vaulx-smithpm@upmc.edu

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