Sixth Annual Challenges & Innovations in Rural Psychiatry Conference

Thursday, June 6, 2019 | 8:00 a.m. - 4:00 p.m.
Sheraton Erie Bayfront Hotel
55 West Bay Drive, Erie PA 16507

About the Conference

We are happy to invite you all back for our sixth annual Challenges & Innovations in Rural Psychiatry, this year from Erie, Pennsylvania. Dr. James Schuster will discuss strategies and resources on which government agencies, providers, law enforcement, and advocates are working together to lower opioid overdoses in Pennsylvania.

In addition, the conference will highlight:

- Benefits of interprofessional collaboration to support rural psychiatry.
- Addressing self-injurious behaviors in psychiatric care.
- Mindfulness strategies to reduce stress.
- Value of art in recovery planning.
- Value-based purchasing as it applies to rural areas.

This conference is intended for individuals in recovery, their families, social workers, psychologists, psychiatrists, nurses, certified peer specialists, and others interested in behavioral health services. The conference is free of charge for Community Care members and their families, as well as medical residents and students. For behavioral health professionals, the cost of this conference is $65.00, which includes CEUs and lunch.

Photos taken and provided by Lee Steadman

Recovery & Wellness: The Journey Starts Here
Sponsored by the Center for Excellence in Rural Public Psychiatry, part of the UPMC Western Psychiatric Hospital; UPMC Western Psychiatric Hospital; Community Care Behavioral Health Organization; University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution
Agenda

8:00 a.m.  Registration & Continental Breakfast

8:30 a.m.  Welcome & Introduction
Mary Anne Albaugh & Penelope Chapman

8:45 a.m.  Combating the Opioid Crisis in Rural Pennsylvania
James Schuster

9:45 a.m.  Supporting Rural Psychiatry Through Interprofessional Collaboration
Susan M. Meyer

10:45 a.m.  Break

11:00 a.m.  Panel Presentation: Highlights of the Pennsylvania Public Psychiatry Fellowships
Sheryl Kridler & Nils Magnusson

11:45 a.m.  Lunch (provided)

12:15 p.m.  Lunch Remarks: Family Inclusion in Psychiatric Care
David Dinich

12:30 p.m.  Addressing Self-Injurious Behavior in Adolescents
Mary Anne Albaugh & Caitlin Clark

1:30 p.m.  Break

1:45 p.m.  Impact of Mindfulness-Based Stress Reduction on Employee Health
Abhishek Rai

2:15 p.m.  Incorporating Art in Recovery
Lee Steadman

3:00 p.m.  Behavioral Health Services: Market Disrupters & Opportunities in the Decade Ahead
Rick Seager

3:30 p.m.  Embracing Poetry to Support Wellness
Chuck Joy

3:45 p.m.  Summary & Closing Remarks
Mary Anne Albaugh & Penelope Chapman

4:00 p.m.  Adjourn

About the Speakers

Mary Anne Albaugh, MD, DFAPA, Medical Director, Erie County DHS MH/ID; Associate Director, Rural Psychiatry Fellowship, UPMC Western Psychiatric Hospital, Pittsburgh, PA

Caitlin S. Clark, DO, Program Director, Family Practice Residency Program; Medical Director, Saint Vincent Family Medicine Center, Saint Vincent Health System, Allegheny Health Network, Erie, PA

Penelope Chapman, MD, Assistant Professor, Department of Psychiatry; Director of Rural Psychiatry Fellowship, UPMC Western Psychiatric Hospital, Pittsburgh, PA; Medical Director, Stairways Behavioral Health, Erie, PA

David Dinich, MSEd, Administrator, Pennsylvania Psychiatric Leadership Council, Philadelphia, PA

Chuck Joy, MD, Child & Adolescent Psychiatrist, Deerfield Behavioral Health, Erie, PA
Sheryl Kridler, PMHNP-BC, DCP, Stairways Behavioral Health, Erie, PA; Rural Psychiatry Fellow, UPMC Western Psychiatric Hospital, Pittsburgh, PA

Nils Magnusson MSN, APRN, FNP-C, Nurse Practitioner, Dickinson Center, Inc., Ridgeway, PA; Rural Psychiatry Fellow, UPMC Western Psychiatric Hospital, Pittsburgh, PA

Susan M. Meyer, PhD, Director, Interprofessional Center for Health Careers; Co-Director, Pitt Center for Interprofessional Practice & Education; Associate Dean for Education; Professor, School of Pharmacy, University of Pittsburgh, Pittsburgh, PA

James Schuster, MD, MBA, Chief Medical Officer, UPMC Health Plan, Pittsburgh, PA

Abhishek Rai, MD, Staff Psychiatrist, UPMC Northwest, Seneca, PA; Rural Psychiatry Fellow, UPMC Western Psychiatric Hospital, Pittsburgh, PA

Richard B. Seager, President/CEO, Journey Health System, Bradford, PA

Lee M. Steadman, Director, Bloom Collaborative, Stairways Behavioral Health, Erie, PA

Continuing Education Credits

Certified Psychiatric Rehabilitation Providers
PAPRS is approved by the Psychiatric Rehabilitation Foundation (Provider #4875530-2017) to sponsor continuing education for Certified Psychiatric Rehabilitation Practitioners and Certified Child and Family Resiliency Practitioners or PRA Certification Candidates for this event. PAPRS maintains responsibility for the program and its content of this event.

Mental Health Professionals
Nurses and other health care professionals are awarded 0.65 CEUs. One CEU is equal to 10 contact hours.

National Certified Counselors
UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.5 continuing education hours.

Peer Specialists
This program fulfills requirements for certified peer specialist continuing education. Peer specialists are awarded 0.65 CEUs, which equals to 6.5 contact hours.

Pennsylvania Certification Board
Community Care will award 6.5 hours of PCB-approved hours of education for participants attending the conference. Our program is certified by the Pennsylvania Certification Board, Provider #414.

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.65 CEUs which are equal to 6.5 contact hours.

Psychologists
UPMC Western Psychiatric Hospital is approved by the American Psychological Association to sponsor continuing education credits for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is 6.5 continuing education credits.

Social Workers
This program is offered for 6.5 hours of social work continuing education through the cosponsorship of the University of Pittsburgh School of Social Work, a Council on Social Work Education accredited and Pennsylvania pre-approved continuing education provider for LSW, LCSW, LPC, and LMFT. Those attending from other states should check with their social work boards on acceptance of, or number for, continuing education through CSWE-accredited.
Registration Form

Register online using https://www.surveymonkey.com/r/YX72B9K or send your completed form to Paul Wittman by May 31, 2019 by email (wittmanpj@ccbh.com), fax (412.454.2177), or mail (Community Care, Attn. Paul Wittman, 339 Sixth Ave., Suite 1300, Pittsburgh, PA 15222).

Special Needs: Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412.454.8625.

2019 Rural Psychiatry Conference | June 6, 2019
*Registration confirmation will be sent via email only*

Name

Title Organization

Address

City, State, ZIP

Phone Fax Email

Lunch Preference:□ Turkey □ Ham □ Vegetarian

Check one (if applicable): □ Persons using services and/or their families □ Medical resident □ Student

Continuing Education Credits:

□ Mental Health Professional □ National Certified Counselor □ PCB □ Peer Specialist □ Psychologist □ Physician □ Social Worker

Payment Information ($65)*:
A $30 administrative fee will be deducted from any cancellation received less than two weeks before the session. No refunds can be issued once the program has begun.

*Free of charge for persons using services and their families, medical residents, and students. For behavioral health professionals, the cost of the conference is $65.00, which includes CEUs and lunch.*

□ Mail (paper check payable to Community Care)

□ Online payment (all major credit cards, e-check)
   To pay online, go to https://paybill.upmc.com. From the first drop-down box, select “Conferences.” Then choose “CCBH Conferences” from the second drop-down box. Click next, and enter your credit card or e-check information. Please enter the name of the conference you are attending.