

UPMC Hamot Continuing
Medical Education presents:

Approved for:
AMA Category 1 Credit

2019 APPalooza

Advanced Practice Providers
Pearls for Practice

In collaboration with Northwest Pennsylvania Nurse
Practitioner Association (NPNPA)

Friday, July 26, 2019

Sheraton Erie Bayfront Hotel • 55 W. Bay Drive • Erie, Pa.

UPMC | HAMOT

Course Director:
Lisa Simonian, DNP

PROGRAM AGENDA

- 7:30 to 8 a.m. **Registration/Continental Breakfast**
- 8 to 8:15 a.m. **Introduction**
- 8:15 to 9:15 a.m. **Beating Burnout: Finding Fulfillment at Home and at Work**
Laura Figura, MD
- 9:15 to 10 a.m.* **Case Studies in Diabetic Compliance and Management**
Jennifer Malloy, PA
**A 9:15 to 11:45 a.m. breakout session is also available. Fee: \$20*
- 10 to 10:15 a.m. **Break**
- 10:15 to 10:45 a.m. **Bad Breaks — Identifying and Stabilizing Fractures in a Primary Care Setting**
Brian Zimmerman, PA
- 10:45 to 11:15 a.m. **Reenvisioning Follow-Up Care for Pediatric Victims of Abuse**
Karin Wickwire, DNP, AG-ACNP, SANE-A, SANE-P, CRNP
- 11:15 to Noon **Behavioral Health Gems**
Suzanne Fontecchio, CRNP
- Noon to 12:45 p.m. **Lunch**
- 12:45 to 1:30 p.m. **Beyond the 'Mones: Working with Transgender and Gender Expansive Youth**
Joanne Goodall, CRNP
- 1:30 to 2:15 p.m. **Transgender Care From the Patient's Perspective**
Tyler Titus, LPC
- 2:15 to 2:30 p.m. **Break**
- 2:30 to 3:15 p.m.** **Questions About Acute or Chronic Care for Kidney Transplant Patients? Urine Luck!**
Michelle Coombs, PA-C
***A 2:30 to 3:45 p.m. breakout session is also available. No Fee*
- 3:15 to 3:45 p.m. **Skin Cancer: Spot It and Stop It!**
Jay Kang, MD
- 3:45 to 4:30 p.m. **Pain Management Potpourri**
Tammy Flemming, DNP, ACNP-BC
- 4:30 p.m. **Closing Remarks and Adjournment**

BREAKOUT SESSIONS

- 9:15 to 11:45 a.m. **Fundamentals of Suturing for APPs**
Sean Dent, MSN, ACNP-BC, CCRN
Amy Haller, PA
Benjamin Reynolds, MSPAS, PA-C, DFAAPA
- 2:30 to 3:45 p.m. **X-ray Workshop**
Sean Dent, MSN, ACNP-BC, CCRN

OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Identify and discuss methods to improve personal satisfaction
- Identify and discuss techniques for improving professional satisfaction
- Identify components of patient satisfaction
- List preferred first-line medications for diabetes
- Review the process behind choosing an appropriate medication for diabetic management
- Implement strategies to manage noncompliance
- Recognize when a referral to endocrinology is appropriate
- Identify the types of equipment and instruments necessary to effect simple wound closure
- Describe the situations where different types of suturing material would be necessary for simple wound closure
- Perform simulation of different types of simple wound closure using various common techniques
- Describe pediatric, adolescent, and adult fractures in a primary care setting
- Identify options for stabilization of fractures in the outpatient setting
- Recognize urgency in referral to subspecialty or orthopaedic provider for fractures
- Recall basic exam findings that may be concerning for child abuse
- Recognize the importance of screening for child abuse
- Describe the reporting and referral processes in Erie County and the impact of state laws
- Discuss the evolving process of follow-up care for victims of pediatric physical and sexual abuse
- Discuss identification and treatment protocols for common psychiatric problems, such as depression, anxiety, ADHD, borderline personality and bipolar disorders
- Describe indications for psychiatric drugs to start first and side effects to anticipate
- Review considerations for referral to psychiatry
- Identify terminology used in respectfully and effectively working with the transgender and gender-expansive community
- Discuss various ways in which people transition and basics of medical and surgical intervention to affirm the client
- Review methods to make the office/clinic friendly to the LGBTQIA+ community
- Utilize a patient's personal experience with providers to reflect the importance of cultural competency in health care
- Identify components of a chest radiograph using correct terminology
- Develop a systemic approach to chest radiograph interpretation
- Analyze a chest radiograph and identify common normal and abnormal findings
- Describe management strategies for chronic medical conditions in the renal transplant patient population
- Evaluate degree of immunosuppression in renal transplant patients and identify potential risk factors and consequences
- Discuss and identify common skin cancers
- Describe common treatments of skin cancer
- Describe preventive strategies for maintaining good skin health
- Describe new interventions offered by pain management and identify those who might benefit
- Identify risk factors for prescribing opiates, discuss the CDC guidelines, and list appropriate tools to evaluate risk

GOAL

Join your colleagues to learn about the most recent updates related to a variety of fields affecting your patients. Ample time for questions from the audience has been built into each presentation.

TARGET AUDIENCE

This program is designed specifically for advanced practice providers interested in updating their practice and refreshing their knowledge related to common disease states, comorbidities, and complications.

AMA ACCREDITATION

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA DESIGNATION

The University of Pittsburgh designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.65 continuing education units (CEUs), which are equal to 6.5 contact hours.

DISCLOSURE

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

COMMERCIAL SUPPORT

A complete list of supporters will be available as part of the program syllabus.

CANCELLATION POLICY

Tuition for cancellations postmarked or date stamped before July 12, 2019, will be completely refunded. After July 12, a \$30 administration fee will be assessed. No refunds will be made after July 26, 2019, however substitutes are permitted. Please notify UPMC Hamot's CME Department of substitutions and cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-5691, or via USPS mail to: UPMC Hamot CME Department, 201 State St. Erie, PA 16550.

SPECIAL NEEDS

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling UPMC Hamot's CME office at 814-877-5691.

JOIN OUR EMAIL LIST: To receive links to electronic brochures in the future and join our email list, please be sure to provide your email address on the registration form. Your email address will not be sold or used for any purpose other than to inform you about CME opportunities at UPMC Hamot.

COURSE DIRECTOR

Lisa Simonian, DNP

Department of Palliative Care
UPMC Hamot

PLANNING COMMITTEE

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UPMC Children's Hospital of Pittsburgh

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Tyler Titus, LPC

Counselor
Erie School Board

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Critical Care Medicine, Forensic
Coordinator, Emergency Department
UPMC Hamot

Brian Zimmerman, PA

Orthopaedic & Sports Medicine of
Erie-UPMC

ATTIRE

Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, **it is recommended that you bring a sweater or jacket to the conference.**

LOCATION

The program is being held in the Harlequin Room at the Sheraton Erie Bayfront Hotel at 55 W. Bay Drive, Erie, Pa.



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REGISTRATION

The registration fee includes the seminar, electronic educational materials, continental breakfast, refreshment breaks, and lunch. If you have any questions, please contact the UPMC Hamot CME Office at 814-877-5691.

Registrations received before or on July 12, 2019:

Advanced Practice Providers.....	\$70
Others.....	\$50
Students.....	\$30

Registrations received after July 12, 2019:

Advanced Practice Providers.....	\$90
Others.....	\$70
Students.....	\$50

Breakout Session Fees

Fundamentals of Suturing for APPs.....	\$20
X-ray Workshop	No Fee

ONLINE REGISTRATION

Registering online is the quickest and easiest way to reserve your space at UPMC Hamot conferences. Visit our online registration site at <https://cchehs.upmc.com>. Click the link for Upcoming Events and scroll down to the “July 26, 2019 UPMC Hamot 2019 APPalooza Conference” section on the web page. Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. **If you do not receive this letter within 5-7 days of registration, please contact the UPMC Hamot CME Department at 814-877-5691.**

To assure participation, registration and payment are expected by July 19, 2019.

UPMC Hamot reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, registration fees will be fully refunded. Preregistrants will be informed of the cancellation via email, or phone if no email address is given.

2019 APPalooza

ALL REGISTRATIONS RECEIVED AFTER JULY 12, 2019, ARE SUBJECT TO A \$20 LATE FEE

Name _____
Circle Title: NP PA Other: _____
Specialty _____
Institution/Organization _____
Street Address _____
City, State, ZIP _____
Daytime Phone Number _____
Email Address _____

SELECT THE APPROPRIATE OPTIONS BELOW:

Before or on July 12, 2019

- \$70** Advanced Practice Providers
 \$50 Others
 \$30 Students Program Enrolled in:

After July 12, 2019

- \$90** Advanced Practice Providers
 \$70 Others
 \$50 Students Program Enrolled in:

Breakout Sessions

- \$20** Fundamentals of Suturing for APPs
 No Fee X-ray Workshop

TOTAL DUE \$ _____

CHECK PAYMENT OPTIONS

You can either mail this card with payment or fax this card and mail payment later with a copy of this completed form.

- My payment is enclosed.** **My payment will be mailed separately.**

CREDIT CARD PAYMENT

Please mail or fax this completed form.

I authorize the following credit card payment:

- Visa MasterCard American Express Discover

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Expiration Date (Month/Year): _____

Signature: _____

UPMC EMPLOYEE JOURNAL ENTRY TRANSFER

If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:

Business Unit: _____

Account Number: _____

Department ID Number: _____

Name of Dept. Manager/Director: _____

Authorized Dept. Signature: _____