

**2019: Survivorship after Cancer of the Head and Neck:
A Multidisciplinary Symposium**

Dates: August 5-6, 2019



*Sponsored by
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: UPMC Herberman Conference Center
5150 Centre Avenue – 2nd Floor
Pittsburgh, PA 15232**

**COURSE DIRECTORS
Jonas Johnson, MD; Marci Nilsen, PhD, MSN, RN**

Intent and Overview

The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers' ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives

At the completion of the course, the participant should be able to:

1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Identify prevailing late and long-term effects head and neck cancer survivors' experience.
3. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
4. Recognize new systemic therapies for head and neck cancer and potential side effects.

Who Should Attend

Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, dentists and other interested healthcare professionals.

CME Accreditation and Designation Statement:

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 1.1 continuing education units (CEU's) which are equal to 11.5 contact hours.

ASHA CEUs

This event is offered for:

Day 1 0.65 CEUs (Intermediate Level, Professional Area)

Day 2 0.35 CEU (Intermediate Level, Professional Area)

Attendees participating in both days will earn 1.0 CEUs



The University of Pittsburgh is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Following Day 1 of this event participants will be able to:

- 1.) Define the components of high-quality head and neck cancer survivorship care.
- 2.) Discuss the prevalence of dysphagia after treatment for head and neck cancer survivors.
- 3.) Explain innovative treatments for head and neck cancer survivors with dysphagia.
- 4.) Recognize new systemic therapies for head and neck cancer and potential side effects.

Following Day 2 of this event participants will be able to:

- 1.) Identify prevailing late and long-term effects in head and neck cancer survivors' experience.
- 2.) Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
- 3.) Explain how osteoradionecrosis is diagnosed and the role of the speech-language pathologist.

Guidelines for Abstract Submissions:

1. All abstracts must be submitted by the Primary Author.
2. The components of the abstract are divided into sections to help authors assure that they have included all the required information based upon the scoring criteria. These sections include: Background and Purpose, Methods and Analysis, Findings and Interpretation, and Discussion and Implication.
3. The final abstract (body of abstract) must be no more than 350 words (excluding the title, objectives and authors' names/institutions). Abstracts that contain more than the specified number of words will not be reviewed. Check the word count of your abstract in a word processing program prior to cutting and pasting the sentences into the online submission form.
4. The abstract title should clearly indicate the nature of the subject. Acronyms should not be used in the title and should be written out on first mention. A quantifiable objective must be submitted and the body of the abstract should be in paragraph form, using complete sentences, and avoiding special characters. Abstracts should include, no more than six authors' names (first and last names), credentials, and institution or place of employment's name, city and state. Abstracts should have all funding sources written out completely if applicable.
5. For abstracts with more than one author, the primary author will be considered the contact person.
6. Abstracts **MUST** be submitted by 5 PM EST, on Friday, May 31, 2019:
Online: https://pitt.co1.qualtrics.com/jfe/form/SV_5p9raaSLHkRZgKF
Email: nilsenml@upmc.edu .
Notification of acceptance will be made by July 16, 2019.
7. Posters will be judged during the poster session on August 5th, 2019. Awards will be given for the top 3 posters.

SCHEDULE

Day 1 of 2: Monday, August 5, 2019

Location: UPMC Herberman Conference Center

- 7:00 – 8:00 am **Registration and Breakfast**
- 8:00 – 8:05 am **Welcome**
Jonas Johnson, MD
- Moderator:** Jonas Johnson, MD
- 8:05 – 8:45 am **Cancer Survivorship: A Growing Challenge for Cancer Care**
Julia Rowland, PhD
- 8:45 – 9:15 am **Burden of Treatment**
Marci Nilsen, PhD, MSN, RN
- 9:15 – 9:45 am **Patient Experience: Journey from Diagnosis to Survivorship**
Moderator: Marci Nilsen, PhD, MSN, RN
Panelists: Marty Griffin, Kristine Sorensen
- 9:45 – 10:15 am **Functional Reconstruction in Head and Neck Cancer**
Mario Solari, MD
- 10:15 – 10:45 am **Body Image After Head and Neck Cancer**
Evan Graboyes, MD
- 10:45 – 11:00 am ***BREAK***
- 11:00 – 11:30 am **Expanding the Horizons of Minimally Invasive Surgery**
Uma Duvvuri, MD, PhD
- 11:30 – 12:00 pm **Panel Discussion: Enhancing Function and Cosmesis : Practical Considerations**
Moderator: Shaum Sridharan, MD
Panelists: Uma Duvvuri, MD, PhD; Evan Graboyes, MD; Karen Sculli, MBA, MSN, RN; Mario Solari, MD;
- 12:00 – 1:00 pm ***LUNCH***
- Moderator:** Marci Nilsen, PhD, MSN, RN
- 1:00 – 1:30 pm **Advances in Systemic Therapies: Implications for Survivorship**
Dan Zandberg, MD

- 1:30 – 2:00 pm **Advances in Radiotherapies: Therapeutic Outcomes in Head and Neck Cancer**
Heath Skinner, MD, PhD
- 2:00 – 2:30 pm **Proffered Paper Session**
Selected Oral Presentation
- 2:30 – 3:00 pm **Poster Session**
- Moderator:** Tamara Wasserman-Wincko, MD, CCC-SLP
- 3:00 – 3:45 pm **Dysphagia After Head and Neck Cancer: Can we Cure the Cured**
Timothy McCulloch, MD
- 3:45– 4:15 pm **Current Practice in Lymphoedema Treatment After Head and Neck Cancer**
Karen Losego, PT, DPT, CLT-LANA
- 4:15– 5:00 pm **Panel Discussion: Comprehensive Rehabilitative Strategies**
Moderator: Susan George, PT, DPT, MS, OCS, WCS
Panelists: Karen Losego, PT, DPT, CLT-LANA; Timothy McCulloch, MD; Mr. John McGoran; Tamara Wasserman-Wincko, MD, CCC-SLP
- 5:00 pm Adjournment Day 1 of 2

Day 2 of 2: Tuesday, August 6, 2019

Location: UPMC Herberman Conference Center

- 7:00 – 7:55 am **Registration and Breakfast**
- 7:55 – 8:00 am **Welcome**
Jonas Johnson, MD
- Moderator:** Elizabeth Pawlowicz, DMD
- 8:00 – 8:45 am **Optimizing Oral Care in Head and Neck Cancer Patients**
Mark Chambers, DMD, MS
- 8:45 – 9:15 am **Strategies for Complimentary Therapy in Cancer Care**
Lanie Francis, MD
- 9:15 – 9:45 am **Pharmacologic Strategies for Symptom Control**
Brian Zitelli, Pharm D

- 9:45 – 10:30 am **Panel Discussion: Management of the Cascade of Symptoms After Therapy**
Moderator: Heath Skinner, MD, PhD
Panelists: Mark Chambers, DMD, MS; David Clump, MD; Lanie Francis, MD; Brian Zitelli, Pharm D
- 10:30 – 10:45 am **BREAK**
- Moderator:** Marci Nilsen, PhD, MSN, RN
- 10:45 – 11:30 am **Self-Advocacy Navigating Cancer Care and Survivorship**
Teresa Hagan Thomas, PhD, RN
- 11:30 -- 12:00 pm **Proffered Papers**
Selected Oral Presentation
- 12:00 – 12:30 pm **Looking to the Future**
Marci Nilsen, PhD, MSN, RN; Jonas Johnson, MD
- 12:30 pm *Adjournment Day 2 of 2*

COURSE DIRECTORS

Jonas Johnson, MD
Professor
Department of Otolaryngology
University of Pittsburgh School of Medicine

Marci Nilsen, PhD, MSN, RN
Assistant Professor
Department of Acute and Tertiary Care, School of
Nursing
Department of Otolaryngology, School of
Medicine
University of Pittsburgh

Guest Faculty

Mark Chambers, DMD, MS
Professor
Department of Head and Neck Surgery
The University of Texas MD Anderson
Cancer Center
Houston, TX

Evan Graboyes, MD
Assistant Professor
Department of Otolaryngology
Medical University of South Carolina
Charleston, SC

Timothy McCulloch, MD
Professor
Division of Otolaryngology
University of Wisconsin School of Medicine
and Public Health
Madison, WI

Julia Rowland, PhD
Adjunct Associate Professor
Department of Psychiatry
Georgetown University Medical Center
Washington, DC

Local Faculty

David Clump, MD, PhD
Assistant Professor
Department of Radiation Oncology
University of Pittsburgh School of Medicine

Uma Duvvuri, MD, PhD
Assistant Professor
Department of Otolaryngology
University of Pittsburgh School of Medicine

Lanie Francis, MD
Clinical Assistant Professor
Department of Hematology/Oncology
University of Pittsburgh School of Medicine

Susan George, PT, DPT, MS, OCS, WCS
Director, Women's Rehab and Men's Health
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University of Pittsburgh Medical Center

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Karen Sculli, MBA, MSN, RN
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Tamara Wasserman-Wincko, MS, CCC-SLP
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Dan Zandberg, MD
Associate Professor
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Brian Zitelli, Pharm D
Pharmacist
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Faculty Disclosure

All individuals in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

For Online Registration Visit:

<https://ccehs.upmc.com/home.jsf> and scroll to:

2019: Survivorship for the Head and Neck Cancer Patient

Registration Fee is \$85 Physicians, Nurses, and all other healthcare professionals.

CENTS (Community Ears Nose and Throat Specialists) Member: Yes or No _____

Tuition fee is *waived* for all University of Pittsburgh residents, fellows, international visiting scholars and students but registration is still required.

Registration deadline is August 2nd, 2019.

MEETING LOCATION

The conference will be held at UPMC Herberman Conference Center, 5150 Centre Avenue – 2nd Floor, Pittsburgh, PA 15232.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing Jackie Lynch at lynchjj@upmc.edu.

Cancellation

All cancellations must be in writing and sent to us *via* U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before June 25, 2019, will be completely refunded. From June 25-July 10, 2019, a \$50.00 administrative fee will be assessed. No refunds will be made after July 10, 2019. “No shows” are not eligible for refunds.

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

Cancellation requests can be made to:

Jackie Lynch, Department of Otolaryngology
University of Pittsburgh School of Medicine
Eye and Ear Institute, 200 Lothrop Street, Suite 500
Pittsburgh, PA 15213

412-647-2130 (T)

412-647-2080 (F)

lynchjj@upmc.edu

REGISTRATION FORM

2019: Survivorship for the Head and Neck Cancer Patient

August 5-6, 2019

Course # 7638

Please type or print clearly; photocopy both sides of this form for additional registrants.

No Registration Will Be Accepted Without Payment Attached.

*Last FIVE digits of Social Security Number: ____ - ____ ____ ____ ____ *required

*Prefix: Mr. Mrs. Dr. Ms. Other, please indicate: _____

*First Name: _____ This is how your name will appear

*Last Name: _____ on your name badge. *required

*Suffix (Jr., Sr., etc.): _____

Company/Institutional Affiliation: _____

Specialty: _____

E-mail address: _____

*Degree: MD DO Resident PhD MPH RN *required

Other, please indicate: _____

Address: _____

City: _____ State: _____ ZIP: _____

Work Telephone () _____

Fax () _____

How did you hear about this conference?

I require vegetarian lunch.

I require kosher lunch.

I have no special dietary requirements.

Registration Fees

\$85 Physicians, Nurses, and other health care professionals.

Total Registration fee enclosed \$ _____

PAYMENT MUST ACCOMPANY REGISTRATION.

Method of Payment: Credit Card or Check or interdepartmental transfer.

Name: _____
Zip Code: _____
Card #: _____
CVD #: _____
Expiration Date: _____
Amt: _____

Please make checks payable to **University of Pittsburgh.**

Mail/Fax/Email Payment and Registration to:

Jackie Lynch, Department of Otolaryngology
University of Pittsburgh School of Medicine
Eye and Ear Institute, 200 Lothrop Street, Suite 500
Pittsburgh, PA 15213
412-647-2130 (T) 412-648-2080 (F) lynchjj@upmc.edu

OVERNIGHT ACCOMMODATIONS

We are ***not*** holding a block of rooms. However, because of their proximity to the event and shuttle service, we suggest you make your hotel reservation at:

Courtyard by Marriott
5308 Liberty Avenue
Pittsburgh, PA 15224
(412) 683-3113

Visit the Center for Continuing Education in the Health Sciences Web Site
Our Internet address is: <http://ccehs.upmc.com>

The UPMC/Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.

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