Intent and Overview
The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers’ ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives
At the completion of the course, the participant should be able to:
1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Explain evidence-based guidelines for head and neck cancer surveillance.
3. Identify prevailing late and long-term effects head and neck cancer survivors’ experience.
4. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.

Who Should Attend
Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, dentists and other interested healthcare professionals.
CME Accreditation and Designation Statement:

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 1.1 continuing education units (CEU’s) which are equal to 11.5 contact hours.

**ASHA CEUs**

**This event is offered for:**

Day 1 0.65 CEUs (Intermediate Level, Professional Area)
Day 2 0.35 CEU (Intermediate Level, Professional Area)

Attendees participating in both days will earn 1.0 CEUs

Following Day 1 of this event participants will be able to:

1.) Define the components of high-quality head and neck cancer survivorship care.
2.) Explain evidence-based guidelines for head and neck cancer surveillance.
3.) Discuss the prevalence of dysphagia after treatment for head and neck cancer survivors.
4.) Explain innovative treatments for head and neck cancer survivors with dysphagia.

Following Day 2 of this event participants will be able to:

1.) Identify prevailing late and long-term effects in head and neck cancer survivors’ experience.
2.) Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
3.) Explain how osteoradionecrosis is diagnosed and the role of the speech-language pathologist.
Guidelines for Abstract Submissions:

1. All abstracts must be submitted by the Primary Author.
2. The components of the abstract are divided into sections to help authors assure that they have included all the required information based upon the scoring criteria. These sections include: Background and Purpose, Methods and Analysis, Findings and Interpretation, and Discussion and Implication.
3. The final abstract (body of abstract) must be no more than 350 words (excluding the title, objectives and authors’ names/institutions). Abstracts that contain more than the specified number of words will not be reviewed. Check the word count of your abstract in a word processing program prior to cutting and pasting the sentences into the online submission form.
4. The abstract title should clearly indicate the nature of the subject. Acronyms should not be used in the title and should be written out on first mention. A quantifiable objective must be submitted and the body of the abstract should be in paragraph form, using complete sentences, and avoiding special characters. Abstracts should include, no more than six authors' names (first and last names), credentials, and institution or place of employment’s name, city and state. Abstracts should have all funding sources written out completely if applicable.
5. For abstracts with more than one author, the primary author will be considered the contact person.
6. Abstracts MUST be submitted to nilsenml@upmc.edu by 11:59 PM EST, on Friday, May 10, 2019.

Notification of acceptance will be made by July 16, 2019.

Posters will be judged during the poster session on August 5th, 2019. Awards will be given for the top 3 posters.
SCHEDULE

Day 1 of 2:  Monday, August 5, 2019
Location:  UPMC Herberman Conference Center

7:00 – 8:00 am  Registration and Breakfast

8:00 – 8:05 am  Welcome
Jonas Johnson, MD

Moderator:  Jonas Johnson, MD

8:05 – 8:45 am  Cancer Survivorship:  A Growing Challenge for Cancer Care
Julia Rowland, PhD

8:45 – 9:15 am  Burden of Treatment
Marci Nilsen, PhD, MSN, RN

9:15 – 9:45 am  Panel Discussion:  Practical Approaches to Survivorship Care
Moderator:  Jonas Johnson, MD
Panelists:  Julia Rowland, PhD; Marci Nilsen, PhD, RN

9:45 – 10:15 am  Functional Reconstruction in Head and Neck Cancer
Mario Solari, MD

10:15 – 10:45 am  Body Image After Head and Neck Cancer
Evan Graboyes, MD

10:45 – 11:00 am  BREAK

11:00 – 11:30 am  Expanding the Horizons of Minimally Invasive Surgery
Uma Duvvuri, MD, PhD

11:30 – 12:00 pm  Panel Discussion:  Enhancing Function and Cosmesis : Practical Considerations
Moderator:  Shaum Sridharan, MD
Panelists:  Uma Duvvuri, MD, PhD; Evan Graboyes, MD; Karen Scuilli; Mario Solari, MD

12:00 – 1:00 pm  LUNCH

Moderator:  Marci Nilsen, PhD, MSN, RN

1:00 – 1:30 pm  Advances in Systemic Therapies:  Implications for Survivorship
Dan Zandberg, MD
1:30 – 2:00 pm  
**Advances in Radiotherapies: Therapeutic Outcomes in Head and Neck Cancer**
Dwight Heron, MD

2:00 – 2:30 pm  
**Proffered Paper Session**
Selected Oral Presentation

2:30 – 3:00 pm  
**Poster Session**

**Moderator:**  
Tamara Wasserman-Wincko, MD, CCC-SLP

3:00 – 3:45 pm  
**Dysphagia After Head and Neck Cancer: Can we Cure the Cured**
Timothy McCulloch, MD

3:45 – 4:15 pm  
**Current Practice in Lymphoedema Treatment After Head and Neck Cancer**
Karen Losego, PT, DPT, CLT-LANA

4:15 – 5:00 pm  
**Panel Discussion: Comprehensive Rehabilitative Strategies**
Moderator: Susan George, PT, DPT, MS, OCS, WCS
Panelists: Karen Losego, PT, DPT, CLT-LANA; Timothy McCulloch, MD; Mr. John McGoran; Tamara Wasserman-Wincko, MD, CCC-SLP

5:00 pm  
Adjournment Day 1 of 2

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**Day 2 of 2: Tuesday, August 6, 2019**

**Location:** UPMC Herberman Conference Center

7:00 – 7:55 am  
**Registration and Breakfast**

7:55 – 8:00 am  
**Welcome**
Jonas Johnson, MD

**Moderator:**  
Elizabeth Bilodeau, DMD, MD, MSEd

8:00 – 8:45 am  
**Optimizing Oral Care in Head and Neck Cancer Patients**
Mark Chambers, DMD, MS

8:45 – 9:15 am  
**Strategies for Complimentary Therapy in Cancer Care**
Lanie Francis, MD

9:15 – 9:45 am  
**Pharmalogic Strategies for Symptom Control**
Brian Zitelli, Pharm D
9:45 – 10:30 am  **Panel Discussion: Management of the Cascade of Symptoms After Therapy**  
Moderator: Heath Skinner, MD, PhD  
Panelists: Mark Chambers, DMD, MS; David Clump, MD; Lanie Francis, MD; Brian Zitelli, Pharm D

10:30 – 10:45 am  **BREAK**

**Moderator:**  
Marci Nilsen, PhD, MSN, RN

10:45 – 11:30 am  **Self-Advocacy Navigating Cancer Care and Survivorship**  
Teresa Hagan Thomas, PhD, RN

11:30 – 12:00 pm  **Proffered Papers**  
Selected Oral Presentation

12:00 – 12:30 pm  **Looking to the Future**  
Marci Nilsen, PhD, MSN, RN; Jonas Johnson, MD

12:30 pm  **Adjournment Day 2 of 2**
COURSE DIRECTORS

Jonas Johnson, MD
Professor
Department of Otolaryngology
University of Pittsburgh School of Medicine

Marci Nilsen, PhD, MSN, RN
Assistant Professor
Department of Acute and Tertiary Care, School of Nursing
Department of Otolaryngology, School of Medicine
University of Pittsburgh

Guest Faculty

Mark Chambers, DMD, MS
Professor
Department of Head and Neck Surgery
The University of Texas MD Anderson Cancer Center
Houston, TX

Evan Graboyes, MD
Assistant Professor
Department of Otolaryngology
Medical University of South Carolina
Charleston, SC

Timothy McCulloch, MD
Professor
Division of Otolaryngology
University of Wisconsin School of Medicine and Public Health
Madison, WI

Julia Rowland, PhD
Adjunct Associate Professor
Department of Psychiatry
Georgetown University Medical Center
Washington, DC

Local Faculty

Elizabeth Bilodeau, DMD, MD, MSEd
Assistant Professor
Department of Diagnostics Sciences
University of Pittsburgh School of Dental Medicine

David Clump, MD, PhD
Assistant Professor, Department of Radiation Oncology
University of Pittsburgh School of Medicine

Uma Duvvuri, MD, PhD
Assistant Professor
Department of Otolaryngology
University of Pittsburgh School of Medicine

Lanie Francis, MD
Clinical Assistant Professor
Department of Hematology/Oncology
University of Pittsburgh School of Medicine

Susan George, PT, DPT, MS, OCS, WCS
Director, Women’s Rehab and Men’s Health
UPMC Centers for Rehab Services
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Dwight Heron, MD
Professor
Department of Radiation Oncology
University of Pittsburgh School of Medicine
Karen Losego, PT, DPT, CLT-LANA
Department of Physical Therapy
University of Pittsburgh Medical Center

Karen Scuilli
Executive Director
Face2Face Healing

Heath Skinner, MD, PhD
Associate Professor
Department of Radiation Oncology
UPMC Hillman Cancer Center

Mario Solari, MD
Assistant Professor
Department of Plastic Surgery
University of Pittsburgh School of Medicine

Shaum Sridharan, MD
Clinical Instructor
Department of Otolaryngology
University of Pittsburgh School of Medicine

Teresa Hagan Thomas, PhD, RN
Assistant Professor
Department of Health Promotion and Development
University of Pittsburgh, School of Nursing

Tamara Wasserman-Wincko, MS, CCC-SLP
Director of Speech-Language Pathology, Dept. of Otolaryngology
Department of Otolaryngology
University of Pittsburgh School of Medicine

Dan Zandberg, MD
Department of Internal Medicine
UPMC Hillman Cancer Center

Brian Zitelli, Pharm D
Pharmacist
Hillman Cancer Center Pharmacy
Hillman Cancer Center

**Faculty Disclosure**
All individuals in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.
For Online Registration Visit:  
https://ecehs.upmc.com/home.jsf and scroll to:  
2019: Survivorship for the Head and Neck Cancer Patient  

Registration Fee is $85 Physicians, Nurses, and all other healthcare professionals.  

MEETING LOCATION  
The conference will be held at UPMC Herberman Conference Center, 5150 Centre Avenue – 2nd Floor, Pittsburgh, PA 15232.  

Special Needs  
Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing Jackie Lynch at lynchjj@upmc.edu.  

Cancellation  
All cancellations must be in writing and sent to us via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before June 25, 2019, will be completely refunded. From June 25-July 10, 2019, a $50.00 administrative fee will be assessed. No refunds will be made after July 10, 2019. “No shows” are not eligible for refunds.  

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.  

Cancellation requests can be made to:  
Jackie Lynch, Department of Otolaryngology  
University of Pittsburgh School of Medicine  
Eye and Ear Institute, 200 Lothrop Street, Suite 500  
Pittsburgh, PA 15213  
412-647-2130 (T) 412-647-2080 (F) lynchjj@upmc.edu
REGISTRATION FORM

2019: Survivorship for the Head and Neck Cancer Patient
August 5-6, 2019
Course #
Please type or print clearly; photocopy both sides of this form for additional registrants.
No Registration Will Be Accepted Without Payment Attached.

*Last FIVE digits of Social Security Number: ___-___-___ ___ ___ ___ ___ *required
*Prefix: o Mr.  o Mrs.  o Dr.  o Ms.  o Other, please indicate: _________
*First Name: ____________________________  This is how your name will appear on your name badge. *required
*Last Name: ____________________________
*Suffix (Jr., Sr., etc…): _______
Company/Institutional Affiliation: ____________________________
Specialty: ____________________________
E-mail address: ____________________________
*Degree: o MD  o DO  o Resident  o PhD  o MPH  o RN  o Other, please indicate: _________
Address: ____________________________________________________________________________
City: ____________________  State: _______  ZIP: _______________
Work Telephone ( ) _________________
Fax ( ) _______________________

How did you hear about this conference?
_____________________________________________________________________________________

☐ I require vegetarian lunch.
☐ I require kosher lunch.
☐ I have no special dietary requirements.

Registration Fees
$85 Physicians, Nurses, and other health care professionals.

Total Registration fee enclosed $________

PAYMENT MUST ACCOMPANY REGISTRATION.
Method of Payment: Credit Card or Check or interdepartmental transfer.

Name: ______________________________________________________________
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Please make checks payable to University of Pittsburgh.

Mail/Fax/Email Payment and Registration to:
Jackie Lynch, Department of Otolaryngology
University of Pittsburgh School of Medicine
Eye and Ear Institute, 200 Lothrop Street, Suite 500
Pittsburgh, PA 15213
412-647-2130 (T) 412-648-2080 (F) lynchjj@upmc.edu

OVERNIGHT ACCOMMODATIONS
We are not holding a block of rooms. However, because of their proximity to the event and shuttle service, we suggest you make your hotel reservation at:

Courtyard by Marriott
5308 Liberty Avenue
Pittsburgh, PA 15224
(412) 683-3113

Visit the Center for Continuing Education in the Health Sciences Web Site
Our Internet address is: http://ccuchs.upmc.com

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