

5TH ANNUAL PITTSBURGH HAND TO SHOULDER THERAPY CONFERENCE

*Reaching Beyond Hand
Therapy Basics*

SATURDAY

OCTOBER 20TH, 2018

8:00am – 3:30pm

UPMC BIOMEDICAL SCIENCE TOWER

Room 120

200 Lothrop Street

Pittsburgh, PA 15261



This year's conference will bring together surgeons, occupational therapists, physical therapists and students to share experiences and evidence for handling the complications and the nuances of shoulder and hand injuries.

Learning Objectives:

- Participants will learn treatment techniques and rationale to most effectively treat patients with upper extremity dysfunction that may have not responded well to traditional treatment methods.
- Participants will develop an interdisciplinary understanding of upper extremity injuries by utilizing a team approach.
- Participants will discuss the latest best evidence based practice for treating upper extremity injuries beyond basic evaluation skills.

PLEASE REGISTER BY OCTOBER 13TH

Conference:

\$150.00 for Professionals

\$50.00 Students

Parking: \$5.00

Lunch included

To register, please visit:

<https://ccehs.upmc.com>

All cancellations must be in writing and sent to us via email (to seftchickj@upmc.edu). Tuition for cancellations before October 13th will be refunded in full. After October 13, a \$20 administrative fee will be assessed, the remaining amount refunded. No refunds will be made after October 20, 2018.

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Saturday, October 20th

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.6 continuing education units (CEU's) which are equal to 6.2 contact hours.

Sponsored by UPMC and University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing seftchickj@upmc.edu

Contact for information:

Jodi Seftchick
seftchickj@upmc.edu

Program Schedule:

7:30 – 8:00	Breakfast and Registration
8:00 – 8:05	Welcome - Dr. Baratz
8:05 – 8:20	Clinical Examination for Wrist Injuries Dr. Trenton Gause
8:20 – 8:35	Clinical Examination for Elbow Injuries Dr. Thomas Hughes
8:35 – 8:50	Clinical Examination for Shoulder Injuries Dr. Albert Lin
8:50 – 9:05	Wide Awake Surgery Dr. Mark Baratz
9:05 – 9:20	Medical Imagery: Reading Radiographs, US, EMG and MRI for Therapy Professionals Dr. John Fowler
9:20 – 9:35	Tendon Transfers Following Nerve Injuries Dr. Robert Goitz
9:35 – 9:50	Panel Discussion—The Best Test For... Dr. Mark Baratz
9:50 – 10:05	Uncommon Orthoses Marie Pace
10:05 – 10:20	BREAK
10:20 – 10:35	Joint Mobilizations and Manipulations William Dileonardo
10:35– 10:50	Blood Flow Restriction Edward Cook
10:50 – 11:05	Return To Play Ronald DeAngelo
11:05 – 11:20	Graded Motor Imagery Megan Driscoll
11:20 – 12:00	Captains Choice Scramble: The audience will divide into groups with a “captain”. Cases will be presented to the groups and each group will have the chance to formulate and state their approach. Dr. Richard Herman
12:00 – 1:00	Lunch
1:00 – 1:15	Indications, Precautions and Public Health Concerns For 3D Printing in the Upper Extremity Sue Ann Woods
1:15 – 1:30	Skin Grafts Dr. Alexander Spiess
1:30 – 3:00	Hands on Stations <ol style="list-style-type: none">1. Clinical Exam Wrist: Mike Balandiat2. Clinical Exam Shoulder: Andrew Harkin3. Clinical Exam Elbow: Jackie Voegler4. Blood Flow Restriction: Ed Cook5. Joint Mobilization: William Dileonardo6. Orthoses: Marie Pace
3:00 – 3:30	Fingerbowl Q&A Session - Dr. Mark Baratz
3:30	Adjournment

Physician Faculty:

Mark Baratz, MD - Chair

*Clinical Professor and Vice Chairman
Director Hand and Upper Extremity Surgery
Orthopedic Specialists - UPMC*

John Fowler, MD

*Assistant Professor of Orthopaedics
Hand and Upper Extremity University of
Pittsburgh Physicians*

Trenton Gause, MD

TriRivers Musculoskeletal Centers

Robert Goitz, MD

*Professor of Orthopaedics, Plastic Surgery,
and Bioengineering
Chief, Hand, Upper Extremity, and
Microsurgery University of Pittsburgh
Physicians*

Richard Herman, MD

Fellow University of Pittsburgh

Thomas Hughes, MD

*Clinical Assistant Professor
Department of Orthopaedic Surgery
University of Pittsburgh School of Medicine*

Albert Lin, MD

*Associate Professor of Orthopaedics
Associate Program Director, Sports
Medicine Fellowship
University of Pittsburgh*

Alexander Spiess, MD

*Assistant Professor of Plastic Surgery
Department of Plastic Surgery University of
Pittsburgh Physicians*

Therapist Faculty:

Michelle Agostinelli, PT, OCS
Michael Balandiat, ORT/L, CHT, MMT, CPAM
David Battiste, DPT
Edward Cook, MOT, OTR/L
Ronald DeAngelo, M.Ed, L/ATC, CSCS, FAFS
William Dileonardo, MPT, MOTR/L, CHT, CSCS, FAAOMPT
Megan Driscoll, MOT, OTR/L
Andrew Harkin, PT, DPT, OCS, CSCS
Bruce Jacobs, OTR/L
Alysia Ligato, MOTR/L
Dennis A. Martin, OTR/L, CHT
Jamie Masten, OTR/L
Megan Murray, OTR/L, CHT
Lauren Oshwald, MOTR/L
Marie Pace, OTR/L, CHT
Alyssa Phillips, MOT, OTR/L
John Rodgers, OTR/L, CHT
P. Gregory Savolskis, MOTR/L, CHT--**Co Chair**
Jodi Seftchick, MOT, OTR/L, CHT – **Chair**
Sara Sullivan-Kish, OTR/L
Jacqueline Voegler, OTR/L, CHT
Patrick Wholey, OTR/L, CHT
Sue Ann Woods, MOT, OTR/L, CHT, CLT

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