

September 15, 2018



UPMC Mercy

Sr. Ferdinand Clark Auditorium 2nd floor

1400 Locust Street

Pittsburgh, PA 15219

Sponsored by:

UPMC Rehabilitation Institute Center for Spinal Cord Injury

University of Pittsburgh School of Medicine Dept. of Physical Medicine & Rehabilitation

Center for Continuing Education in the Health Sciences

Overview and Objectives

The care of persons with spinal cord injury (SCI) requires an interdisciplinary approach across the continuum of care. Providers should understand safe techniques to assist and teach transfers and wheelchair maintenance. Understanding mechanics of gait training in appropriate patients and demonstrating effective strategies to perform activities of daily living helps to provide exceptional care to patients. A concrete knowledge of medical management of persons with spinal cord injury is an important foundation for good patient care. The 4th annual Current Concepts in Spinal Cord Rehabilitation will introduce and review a variety of topics relevant to persons with SCI. Topics will focus on areas important to all team members, throughout the continuum of care.

Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute.

Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Who Should Attend

Nurses, physical therapists, occupational therapists, case managers, psychiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.



Advance notice of any special needs, including lactation services for breast-feeding mothers, will help us provide better service.

Please notify us of your needs at least two weeks in advance by contacting Rachel Hibbs at hibbsrm2@upmc.edu or 412-628-4195.

Continuing Education Credits

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of *7.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.7 continuing education units (CEU's) which are equal to 7.0 contact hours

University of Pittsburgh Department of Physical Therapy Program is a pre-approved provider of Continuing Education in Pennsylvania and has been approved for 6.5 general hours; direct access 0.

The University of Pittsburgh, Department of Occupational Therapy is a pre-approved provider of continuing education in Pennsylvania. This course has been approved for 6.5 Contact Hours.

Pennsylvania State Board has approved this course for Physical and Occupational Therapy

The University of Pittsburgh is an affirmative action, equal opportunity institution.



Schedule --- Saturday, September 15, 2018

7:00 – 7:45 am	Registration
7:45 – 8:00 am	Welcome and Introductions Amanda Harrington, MD • Elizabeth Stanley, DPT • Rachel Hibbs, DPT
8:00 – 9:00 am	Health and Wellness after SCI Liz Dunn, MS, RD, LDN • Dan McCoy, BA, CPT
9:00 – 10:00 am	Changes in Health Care Climate: Post-Acute Care of SCI Michael Boninger, MD
10:00 – 10:15 am	Break
10:15-11:30 am	Interactive Session: Motivation and Goal Setting Justin Dumont, DO • Geoff Henderson, MD
11:30 am-12:15 pm	Break (Lunch Provided)
12:15- 1:30 pm	Roundtable Session (<i>Please select one of the following roundtable discussions</i>) A: Oncology and SCI Rehab B: Preventing Secondary Complications after SCI C: Managing Challenging Patients D: Acute Care Management of SCI/D E: SCI Rehab Tricks of the Trade F: Bladder Management 101 G: Community Reintegration through Adaptive Recreation and Leisure Christine Cleveland, MD • John Horton, MD • Jessica Berry, MD • Amanda Harrington, MD Patricia Arenth • Jamie Papini, DPT • Barbara Zerbee, COTA • Lonna Perella, RN, BSN Marshall Lee Tempest, BS • Ashli Molinero, PhD • Matthew Berwick, MS • Matthew Taylor, BA
1:30-2:30 pm	Breakout Session 1 (<i>Please select Breakout A or B</i>) A: Management of the Bariatric Population with SCI Joe Everhart, DPT, NCS • Mallory Koch, MOT, OTR/L B: Rehabilitation of Older Adults with SCI Rachel Hibbs, DPT • Elizabeth Stanley, DPT
2:30-2:45 pm	Break
2:45-3:45 pm	Breakout Session 2 (<i>Please select Breakout A or B</i>) A: Dysphagia and Self-Feeding in Acute Tetraplegia Danielle Karhut, MOT, OTR/L • Rob Masterson, SLP B: Special Considerations in Central Cord Syndrome Briana Kelly, MOT, OTR/L • Lauren Malacarne, DPT, NCS
3:45 – 4:00 pm	Closing Remarks and Conference Adjournment Amanda Harrington, MD • Elizabeth Stanley, DPT • Rachel Hibbs, DPT

Course Co-Directors

Amanda L. Harrington, MD

Assistant Professor
UPMC Dept. of Physical Medicine and Rehabilitation
Program Director, SCIM Fellowship
Director of Spinal Cord Injury Services

Rachel M. Hibbs, DPT

Clinical Research Therapist
University of Pittsburgh Dept. of Physical Medicine
And Rehabilitation- Model System Center
UPMC Mercy Rehabilitation Institute- SCI Program

Elizabeth Stanley, DPT

Physical Therapist, CRS
UPMC Mercy Rehabilitation Institute – SCI Program

Faculty

Patricia M. Arenth, PhD

Assistant Professor
UPMC Dept. of Physical Medicine and Rehabilitation

Jessica Berry, MD

UPMC Dept. of Physical Medicine and Rehabilitation
Attending Physician – Stroke Program

Matthew Berwick

Program Manager, UPMC Disability Resource Center

Michael Boninger, MD

Professor and Vice Chair of Research
University of Pittsburgh, SHRS
Senior Medical Director, Post-Acute Care
Vice President of Medical Affairs, UPMC
Community Provider Services

Christine Cleveland, MD

Assistant Professor
UPMC Dept. of Physical Medicine and Rehabilitation
Attending Physician – Spinal Cord Injury Program

Justin Dumont, DO

UPMC Dept. of Physical Medicine and Rehabilitation
Resident- PGY 4

Elizabeth Dunn, MS, RD, LDN

Registered Dietician- Adapting Nutrition

Joseph Everhart, DPT, NCS

Staff Physical Therapist, CRS
UPMC Mercy Rehabilitation Institute – SCI Program

Geoff Henderson, MD

UPMC Dept. of Physical Medicine and
Rehabilitation Resident- PGY 4

John Horton, MD

Assistant Professor
UPMC Dept. of Physical Medicine and Rehabilitation
Attending Physician- SCI Program

Danielle R. Karhut MOT, OTR/L

Occupational Therapist, CRS
UPMC Mercy Rehabilitation Institute – SCI Program

Briana Kelly, MOT, OTR/L, CPAM

Healthcare Manager / Occupational Therapist
UPMC Rehabilitation Services

Mallory Koch, MOT, OTR/L

Physical Therapist, CRS
UPMC Mercy Rehabilitation Institute – SCI Program

Lauren Malacarne, DPT

Physical Therapist, CRS
UPMC Mercy Southside Outpatient Rehabilitation

Rob Masterson, SLP

Speech Language Pathologist, CRS
UPMC Mercy Rehabilitation Institute- SCI Program

Dan McCoy, BA, CPT

Certified Personal Trainer, Dan McCoy Fitness
US Paralympian- Sled Hockey

Ashli Molinero, PhD

Director, UPMC Disability Resource Center

Jamie Papini, DPT

Physical Therapist, CRS
UPMC Mercy- Neurotrauma Unit

Lonna M. Perella RN, BSN

UPMC Mercy Rehabilitation Institute-
SCI Program Professional Care Manager

Matthew Taylor, BA

Membership Director, Transitional Paths to
Independent Living

Marshall Lee Tempest, BA

SCI Research Data Coordinator
University of Pittsburgh
UPMC Dept. of Physical Medicine and Rehabilitation

Barbara Zerbee, COTA/L

Certified Occupational Therapy Assistant, CRS
UPMC Mercy Rehabilitation Institute – SCI Program

Faculty members are located in the Pittsburgh, Pa., metropolitan area unless noted otherwise.

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

Registration Information
REGISTRATION DEADLINE: September 1, 2018

Online Registrations:

Registering online is the quickest and easiest way to reserve your space at the conference.

1. Visit our online registration site at: <https://ccehs.upmc.com/home.jsf>
2. Click the Registration button and enter all the requested information (including email address), and follow the prompts to submit the registration after entering your payment information.

Please note that you must choose one Roundtable Discussion and one Breakout Session for each Session 1 and Session 2.

A confirmation email will be sent to the email address you provided. If you do not receive this confirmation, contact us hibbsrm2@upmc.edu or 412-628-4195.

Paper / Mail-in Registrations

If you are unable to register online, or you are a UPMC employee whose registration fee will be remitted via journal transfer, you can request a paper registration form by contacting Rachel Hibbs at hibbsrm2@upmc.edu or 412-628-4195. The form will include instructions for returning your registration and submitting payment.

Checks should be made payable to "University of Pittsburgh, Dept. of PM&R."
Mail the registration form to the following address:

Department of Physical Medicine and Rehabilitation
Kaufmann Bldg., Suite 202
3471 Fifth Ave.
Pittsburgh, PA 15213
Attention: Rachel Hibbs

Registration confirmation will be emailed or faxed to you. Please include your fax number/email address on the form.

Tuition (includes: Continuing Education Unit/Credits, Continental Breakfast and Lunch (we regret there is no kosher meal choice), and Parking)	Registration
	By September 1, 2018
	\$50
Student Tuition: \$45. Student ID must be presented at conference sign in	

Handouts will be available after September 7, 2018 and can be downloaded from www.rehabmedicine.pitt.edu.

To reduce environmental waste, printed handouts of materials will not be available on site.

All cancellations must be in writing and sent to us via U.S. mail, email, or fax (see contact information below). Tuition for cancellations postmarked or date stamped before September 1, 2018 will be refunded in full. No refunds will be made after September 1, 2018.

For questions contact:
Rachel Hibbs
Phone: 412-628-4195
Email: hibbsrm2@upmc.edu

Visit the Center for Continuing Education in the Health Sciences Web Site

Our Internet address is: <https://ccehs.upmc.com/home.jsf>

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