Western Psychiatric Institute and Clinic of UPMC
Comprehensive Recovery Services
Office of Educational Resources and Planning

Children’s Hospital of Pittsburgh-Community Based Services

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Children’s Telephonic Psychiatric Consultation Service (TiPS)

2nd Annual Pittsburgh Behavioral Health and Pediatric Primary Care Conference and SBIRT Learning Collaborative (MD10)

Friday, March 23, 2018
8:00 AM to 4:00 PM

Wyndham Pittsburgh University Center
100 Lytton Ave.
Pittsburgh, PA 15213
(Parking is available in the hotel lot and at UPMC parking, 120 Lytton Ave. at no cost)

Course Director
Abigail Schlesinger, MD
Introduction

Children’s Hospital of Pittsburgh of UPMC’s primary care network, Children’s Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania’s Medical Assistance programs, Children’s Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

TiPS will be hosting our second day long educational conference in Pittsburgh. Topics will differ from last year’s event. This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

Who Should Attend
Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference, however registration is required.
Learning Objectives

At the completion of the program, participants will be able to:

1) Discuss primary-care based selective serotonin reuptake inhibitor (SSRI) protocol for the treatment of anxiety and depressive disorders in children and adolescents. (SSRI Initiation Protocol in Primary Care)

2) Recognize ways to support adolescents with substance use disorders and their families. (Sage’s Army)

3) Describe new medications for ADHD. (ADHD I and ADHD II)

4) Explain American Academy of Pediatrics recommendations for Social Media use in childhood to educate professionals about how children are using social media. (Families and Digital Media)

5) Screen for eating disorders in primary care and recognize when to refer for a specialized evaluation of an eating disorder. (Eating Disorders)

6) Support patients and families during treatment for an eating disorder. (Eating Disorders)

7) Access psychiatric consultation through Children’s TiPS.
Course Director:

Abigail Schlesinger, MD
Medical Director, TiPS
Clinical Director, Behavioral Science Division
Children’s Hospital of Pittsburgh
Medical Director, Ambulatory Integrated Behavioral Healthcare
Associate Professor
Western Psychiatric Institute and Clinic of UPMC

Faculty:

Carmen Capozzi
Founder of Sage’s Army
Irwin, PA

Kristin Dalope, MD
Assistant Professor, Department of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Pediatric Behavioral Health Consultation & Liaison Service
Medical Director, Center for Autism and Developmental Disorders
Merck Child & Adolescent Outpatient Clinics
Western Psychiatric Institute and Clinic of UPMC

Katie Ewing, MSW, LSW
Care Coordinator, Children’s TiPS
Behavioral Health Therapist I
Children’s Community Pediatrics Behavioral Health Services
Children’s Hospital of Pittsburgh of UPMC

Alexis M. Fertig, MD, MPH
Assistant Professor, Department of Psychiatry
Director, UPMC Center for Eating Disorders
Associate Director, Clinician Educator Faculty Development Program
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic of UPMC

Shannon Meyers (Mikita), RN
Outpatient Nurse Coordinator
Child and Family Counseling Center
Facilitator for SBIRT Learning Collaborative
Children’s Hospital of Pittsburgh of UPMC

Taylor Naus, MSW, LSW
Care Coordinator, Children’s TiPS
Behavioral Health Therapist I
Children’s Community Pediatrics Behavioral Health Services
Children’s Hospital of Pittsburgh of UPMC
Justin Schreiber, DO MPH FAAP  
Assistant Professor of Psychiatry and Pediatrics  
Children’s Hospital of Pittsburgh  
Western Psychiatric Institute and Clinic of UPMC

Kelley Victor, MD  
Clinical Assistant Professor of Psychiatry  
Children’s Hospital of Pittsburgh  
Western Psychiatric Institute and Clinic of UPMC

Victoria S. Winkeller, MD  
Associate Medical Director  
Children’s Community Pediatrics Behavioral Health Services  
Children’s Hospital of Pittsburgh of UPMC  
Assistant Professor, Department of Psychiatry  
Western Psychiatric Institute and Clinic of UPMC

Conference Committee Chair

Colleen D. Gianneski, LCSW  
Program Manager, Children’s TiPS  
Behavioral Health Therapist, Children’s TiPS and Child and Family Counseling Center  
Children’s Community Pediatrics Behavioral Health Services  
Children’s Hospital of Pittsburgh of UPMC

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Schedule
7:30 to 8:00 a.m.  
Registration – Continental Breakfast

8:00 to 9:00 a.m.  
Welcome and SSRI Initiation Protocol in Primary Care – Dr. Abigail Schlesinger
Ballroom

9:00 to 10:00 a.m.  
Adolescent Substance Use and the Family – Carmen Capozzi, Sage’s Army
Ballroom
Sage’s Army is a non-profit drug awareness/prevention organization created in honor of Sage Capozzi, a promising young man who lost his life to addiction.

10:00 to 10:15 a.m.  
Implications for Primary Care
Dr. Abigail Schlesinger and Shannon Meyers (Mikita), RN

10:15 to 10:30 a.m.  
Break

10:30 to 11:30 a.m.  
Breakout I
A. Digital Media and Families – Dr. Kristin Dalope
B. Somatic Symptom Disorders: The Brain is Stronger Then You Think - Dr. Justin Schreiber
C. Eating Disorders – Dr. Alexis Fertig
D. ADHD I – Dr. Victoria Winkeller
E. ADHD II – Dr. Kelley Victor

11:30 a.m. to 12:30 p.m.  
Buffet Lunch served in Pre-Conference Hallway
Ballroom

12:30 to 1:30 p.m.  
Parent and Care Coordination Panel
Katie Ewing, MSW, LSW and Taylor Naus, MSW, LSW
Dr. Kelley Victor/Panel of parents
Ballroom

1:30 to 1:45 p.m.  
Break

1:45 to 2:45 p.m.  
Breakout II
A. Digital Media and Families – Dr. Kristin Dalope
B. Somatic Symptom Disorders: The Brain is Stronger Then You Think - Dr. Justin Schreiber
C. Eating Disorders – Dr. Alexis Fertig
D. ADHD I – Dr. Victoria Winkeller
E. ADHD II – Dr. Kelley Victor

2:45 to 3:00 p.m.  
Break

3:00 to 4:00 p.m.  
Breakout III
A. Digital Media and Families – Dr. Kristin Dalope
B. Somatic Symptom Disorders: The Brain is Stronger Then You Think - Dr. Justin Schreiber
C. Eating Disorders – Dr. Alexis Fertig
D. ADHD I – Dr. Victoria Winkeller
E. ADHD II – Dr. Kelley Victor

4:00 p.m.  
Adjournment
Continuing Education Credit – Full Day TiPS

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants
This activity is approved for 6.25 AAPA Category 1 credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologists
Western Psychiatric Institute and Clinic of UPMC is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic of UPMC maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic of UPMC is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic of UPMC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic of UPMC is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through Western Psychiatric Institute and Clinic of UPMC’s Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

Other Healthcare Professionals
Nurses and other health care professionals are awarded .625 Continuing Education Units (CEU’s). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 6.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.
Registration Information

There are no fees to attend or to receive continuing education credits, however registration is required.

Please register online by March 16, 2018 online at https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=160819. If unable to register online, please complete the registration form below and return it to:

Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, PA  15213

Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu

Online Registration Instructions at https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=160819:

1. Click on ‘Register Now’ (small box at bottom of page)
2. If ‘Behavioral Health and Pediatric Primary Care’ appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).
3. Register as a new registrant, or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’)
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on ‘continue’.
6. Complete Transaction and print your registration receipt.

Registration Includes:

- All registration and conference materials
- Continental Breakfast/Lunch/Refreshments
- Continuing Education Credits and Continuing Medical Credits

We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.
Registration Form
Behavioral Health and Pediatric Primary Care Conference (MD10)

Friday, March 23, 2018
Please type or print; photocopy for additional registrants.
If registering after March 16, 2018, please contact Nancy Mundy at mundynl@upmc.edu.

<table>
<thead>
<tr>
<th>Social Security Number (Last five digits only):</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Name:</td>
</tr>
</tbody>
</table>

Degree(s) to be noted on name badge (e.g. MD, PhD)

<table>
<thead>
<tr>
<th>Institutional Affiliation/Practice Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
</tr>
<tr>
<td>City:</td>
</tr>
<tr>
<td>County:</td>
</tr>
</tbody>
</table>

Day Telephone:

<table>
<thead>
<tr>
<th>E-Mail Address:</th>
</tr>
</thead>
</table>

Practice Name: _______________________________________

Did you attend a previous TiPS program? Yes ____ No ____

Please select three breakout sessions:

- ____ Families and Digital Media
- ____ Somatoform Disorders
- ____ Eating Disorders
- ____ ADHD

For Continuing Education purposes, please check the continuing education or medical credits you need:

- □ CADC/CCDP
- □ NBCC Counselor
- □ Nurse
- □ Psychologist
- □ Physician/MD
- □ Social Worker (LSW/LCSW/LPC/LMFT)

Clinician Type:

- □ MD
- □ DO
- □ DNP
- □ CRNP PA
- □ PhD
- □ Other

Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, PA  15213

Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu