

**2018: Survivorship after Cancer of the Head and Neck:
A Multidisciplinary Symposium**

Dates: August 6-7, 2018



*Sponsored by
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: UPMC Herberman Conference Center
5150 Centre Avenue – 2nd Floor
Pittsburgh, PA 15232**

**COURSE DIRECTORS
Jonas Johnson, MD; Marci Nilsen, PhD, MSN, RN**

Intent and Overview

The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers' ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives

At the completion of the course, the participant should be able to:

1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Explain evidence-based guidelines for head and neck cancer surveillance.
3. Identify prevailing late and long-term effects head and neck cancer survivors' experience.
4. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.

Who Should Attend

Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, dentists and other interested healthcare professionals.

CME Accreditation and Designation Statement:

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 10.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 1.0 continuing education units (CEU's) which are equal to 10.0 contact hours.

Guidelines for Abstract Submissions:

1. All abstracts must be submitted by the Primary Author.
2. The components of the abstract are divided into sections to help authors assure that they have included all the required information based upon the scoring criteria. These sections include: Background and Purpose, Methods and Analysis, Findings and Interpretation, and Discussion and Implication.
3. The final abstract (body of abstract) must be no more than 350 words (excluding the title, objectives and authors' names/institutions). Abstracts that contain more than the specified number of words will not be reviewed. Check the word count of your abstract in a word processing program prior to cutting and pasting the sentences into the online submission form.
4. The abstract title should clearly indicate the nature of the subject. Acronyms should not be used in the title and should be written out on first mention. A quantifiable objective must be submitted and the body of the abstract should be in paragraph form, using complete sentences, and avoiding special characters. Abstracts should include, no more than six authors' names (first and last names), credentials, and institution or place of employment's name, city and state. Abstracts should have all funding sources written out completely if applicable.
5. For abstracts with more than one author, the primary author will be considered the contact person.
6. Abstracts **MUST** be submitted to nilsenml@upmc.edu by 11:59 PM EST, on Saturday, June 30, 2018.

Notification of acceptance will be made by July 16, 2018.

Posters will be judged during the poster session on August 6th, 2018. Awards will be given for the top 3 posters.

SCHEDULE

Day 1 of 2: Monday, August 6, 2018

Location: UPMC Herberman Conference Center

7:00 – 8:00 am	Registration and Breakfast
8:00 – 8:05 am	Welcome Jonas Johnson, MD
8:05 – 8:30 am	Comprehensive Survivorship Care Jennifer Klemp, PhD, MPH
8:30 – 9:00 am	From Guidelines to Practice: Providing High-Quality Survivorship Care Marci Nilsen, PhD, MSN, RN
9:00 – 9:30 am	Panel Discussion: Implementation of Survivorship Guidelines <i>Moderator:</i> Catherine Bender, PhD, RN, FAAN <i>Panelists:</i> Jennifer Klemp, PhD, MPH; Marci Lee Nilsen, PhD, MSN, RN; Joanna Bodmann, MSN, NP-C, AOCNP
9:30 – 10:00 am	Surveillance: Recurrences and Second Primaries Umamaheswar Duvvuri, MD, PhD
10:00 – 10:30 am	Evidence-Based Surveillance Imaging for Head and Neck Cancer Tanya Rath, MD
10:30 – 10:45 am	<i>BREAK</i>
10:45 – 11:00 am	Prevalence of Dysphagia after Treatment for Head and Neck Cancer Tamara Wasserman-Wincko, MS, CCC-SLP
11:00 – 11:45 am	Surviving Head and Neck Cancer, Living with Dysphagia – Innovative Treatments Bonnie Martin-Harris, PhD, CCC-SLP
11:45 – 12:15 pm	Panel Discussion: Dysphagia: Diagnosis and Treatment <i>Moderator:</i> Seungwon Kim, MD <i>Panelists:</i> Bonnie Martin-Harris, PhD, CCC-SLP; Tamara Wasserman-Wincko, MS, CCC-SLP; Joyce Diacopoulos, RD, CSO, LDN
12:15 – 1:30 pm	<i>LUNCH</i>
1:30 – 2:00 pm	Musculoskeletal Dysfunction in Head and Neck Cancer Survivors Susan George, PT, DPT, MS, OCS, WCS

- 2:00 – 2:30 pm **Panel Discussion: How do we Address Survivors Rehabilitation Needs?**
Moderator: Karen Losego, PT, DPT, CLT-LANA
Panelists: Susan George, PT, DPT, MS, OCS, WCS; Todd Henkelman, PT, MS, CCTT; Maryanne Henderson, DO
- 2:30 – 3:30 pm **Poster Session**
- 3:30 – 4:00 pm **The Promise and Challenge of Immunotherapy in Head and Neck Cancer Patients**
 Robert Ferris, MD, PhD
- 4:00– 4:30 pm **Financial Toxicity of Cancer: Implications for the Patient and Family with Cancer of the Head and Neck**
 Margaret Rosenzweig, PhD, CRNP-C, AOCN, FAAN
- 4:30– 5:00 pm **Financial Burden: Does it End when Treatment Ends?**
Moderator: Teresa Thomas, PhD, RN
Panelists: Leila Mady, MD, PhD; Carey Killmeyer, RN; Bethany Lyon, MSW, LSW
- 5:00 pm Adjournment Day 1 of 2

Day 2 of 2: Tuesday, August 7, 2018

Location: UPMC Herberman Conference Center

- 7:00 – 7:55 am **Registration and Breakfast**
- 7:55 – 8:00 am **Welcome**
 Jonas Johnson, MD
- 8:00 – 8:15 am **Hearing Impairment in a Head and Neck Population**
 Lori Zitelli, AuD
- 8:15 – 8:30 am **Observations on Oral Health in a Survivorship Clinic**
 Antonia Teruel, PhD, DMD
- 8:30 – 9:00 am **Innovation in Pain Management during Radiation Treatment**
 David Clump, MD
- 9:00 – 9:30 am **Diagnosis and Care of Osteoradionecrosis**
 Bernard Costello, DMD, MD

- 9:30 – 10:00 am **Panel Discussion: Oral Health Across the Trajectory**
Moderator: Antonia Teruel, PhD, DMD
Panelists: David Clump, MD; Bernard Costello, DMD, MD; Sally Farah, DDS, DMD; Satish Kumar, DMD, MDSc, MS
- 10:00 – 10:15 am **BREAK**
- 10:15 – 10:35 am **Integrative Approach to Pain and Symptom Management**
Lanie Francis, MD
- 10:35 – 11:00 am **Suicide in Head and Neck Cancer: When Misery meets Despair**
Nosayaba Osazuwa-Peters, PhD
- 11:00 – 11:30 am **Panel Discussion: Symptom Management**
Moderator: Heidi Donovan, PhD, RN
Panelists: Mamta Bhatnagar, MD; Lannie Francis, MD; Bridget Harr, MSN, NP-C, AOCNP; Nosayaba Osazuwa-Peters, PhD
- 11:30 – 12:00 pm **Looking to the Future**
Marci Nilsen, PhD, RN; Jonas Johnson, MD
- 12:00 pm *Adjournment Day 2 of 2*

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Guest Faculty

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Faculty Disclosure

All individuals in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

For Online Registration Visit:

<https://ccehs.upmc.com/home.jsf> and scroll to:

2018: Survivorship for the Head and Neck Cancer Patient

Registration Fee is \$85 Physicians, Nurses, and all other healthcare professionals.

MEETING LOCATION

The conference will be held at UPMC Herberman Conference Center, 5150 Centre Avenue – 2nd Floor, Pittsburgh, PA 15232.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by e-mailing Jackie Lynch at lynchjj@upmc.edu.

Cancellation

All cancellations must be in writing and sent to us *via* U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before June 25, 2018, will be completely refunded. From June 25-July 10, 2018, a \$50.00 administrative fee will be assessed. No refunds will be made after July 10, 2018. “No shows” are not eligible for refunds.

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

Cancellation requests can be made to:

Jackie Lynch, Department of Otolaryngology
University of Pittsburgh School of Medicine
Eye and Ear Institute, 200 Lothrop Street, Suite 500
Pittsburgh, PA 15213

412-647-2130 (T)

412-648-6300 (F)

lynchjj@upmc.edu

REGISTRATION FORM

2018: Survivorship for the Head and Neck Cancer Patient
August 6-7, 2018

Course # _____

Please type or print clearly; photocopy both sides of this form for additional registrants.
No Registration Will Be Accepted Without Payment Attached.

*Last FIVE digits of Social Security Number: ____ - ____ ____ ____ ____ *required

*Prefix: Mr. Mrs. Dr. Ms. Other, please indicate: _____

*First Name: _____ This is how your name will appear

*Last Name: _____ on your name badge. *required

*Suffix (Jr., Sr., etc.): _____

Company/Institutional Affiliation: _____

Specialty: _____

E-mail address: _____

*Degree: MD DO Resident PhD MPH RN *required

Other, please indicate: _____

Address: _____

City: _____ State: _____ ZIP: _____

Work Telephone () _____

Fax () _____

How did you hear about this conference?

I require vegetarian lunch.

I require kosher lunch.

I have no special dietary requirements.

Registration Fees

\$85 Physicians, Nurses, and other health care professionals.

Total Registration fee enclosed \$ _____

PAYMENT MUST ACCOMPANY REGISTRATION.

Method of Payment: Credit Card or Check or interdepartmental transfer.

Name: _____
Zip Code: _____
Card #: _____
CVD #: _____
Expiration Date: _____
Amt: _____

Please make checks payable to **UPP Department of Otolaryngology**.

Mail/Fax/E-mail Payment and Registration to:

Jackie Lynch, Department of Otolaryngology
University of Pittsburgh School of Medicine
Eye and Ear Institute, 200 Lothrop Street, Suite 500
Pittsburgh, PA 15213
412-647-2130 (T) 412-648-6300 (F) lynchjj@upmc.edu

OVERNIGHT ACCOMMODATIONS

We are ***not*** holding a block of rooms. However, because of their proximity to the event and shuttle service, we suggest you make your hotel reservation at:

Courtyard by Marriott
5308 Liberty Avenue
Pittsburgh, PA 15224
(412) 683-3113

Visit the Center for Continuing Education in the Health Sciences Web Site
Our Internet address is: <http://ccehs.upmc.com>

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