George J. D’Angelo, MD Center for Cardiovascular Excellence

heart of the matter

Wednesday, Oct. 4, 2017
7:30 a.m. to 2:30 p.m.

NEW LOCATION!!!
Bayfront Convention Center | 1 Sassafras Pier | Erie, Pa.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:30 to 8 a.m.</td>
<td>Registration and Breakfast</td>
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<tr>
<td>8 to 8:15 a.m.</td>
<td>Welcome and Introduction</td>
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<td>Gary Maras, Senior Vice President of Business Development, UPMC Hamot; Chief Executive Officer, UPMC Hamot Heart and Vascular Institute</td>
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<td>Theresa Kisiel, MSN, CRNP-BC, Executive Director, UPMC Hamot Heart and Vascular Institute</td>
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<td>Lynn Durst, BSN, RN-BC, Clinician, UPMC Hamot Heart and Vascular Institute; Manager, Cardiovascular Disease Management; Manager, Diabetes Institute</td>
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<td>8:15 to 8:50 a.m.</td>
<td>Pacemaker and ICD Updates: Breaking News</td>
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<td>8:50 to 9:25 a.m.</td>
<td>Lung Cancer 2017 — To Screening and Beyond!</td>
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<td>9:25 to 10 a.m.</td>
<td>Diabetes: It’s Not Just About the Pancreas Anymore</td>
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<td>10 to 10:20 a.m.</td>
<td>Break</td>
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<td>10:20 to 10:55 a.m.</td>
<td>All Hands on Deck — Nurse-Driven Approach to Femoral Artery Postpuncture Care</td>
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<td>10:55 to 11:30 a.m.</td>
<td>Flow Diversion for Intracranial Aneurysms: Clinical and Technical Updates</td>
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<td>11:30 a.m. to 12:05 p.m.</td>
<td>Medical Nutrition Therapy: What Is It and Who Needs it?</td>
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<td>12:05 to 1 p.m.</td>
<td>Lunch</td>
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<td>1 to 1:35 p.m.</td>
<td>A Heartwarming Story About Life After Transplant</td>
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<td>1:35 to 2:10 p.m.</td>
<td>Bundle UP! Care Coordination for Quality Outcomes</td>
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<td>2:10 to 2:30 p.m.</td>
<td>Questions and Answers Evaluation</td>
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George J. D’Angelo, MD
Center for Cardiovascular Excellence

Dr. D’Angelo joined the Hamot Medical Staff in 1958. He immediately transformed cardiovascular care in the community, first by pioneering local use of cardiac catheterization in 1958. The following year, he performed the first heart surgery — a closed heart surgery — in Erie.

There were many other firsts for Dr. D’Angelo: On Nov. 19, 1962, Dr. D’Angelo performed the first open heart surgery in northwest Pennsylvania. In 1964, he performed the first valve replacement surgery; in 1965, he performed the first local pacemaker insertion; and in 1969, he performed the first area coronary bypass surgery.

Dr. D’Angelo served as the first chief of Hamot’s Division of Cardiovascular-Thoracic Surgery and the first director of Medical Education. It is estimated that he cared for 7,000 people in his 40 years as a heart surgeon.

On May 28, 2010, UPMC Hamot dedicated the George J. D’Angelo MD Center for Cardiovascular Excellence. The center honors Dr. D’Angelo’s pioneering clinical expertise, extraordinary leadership, and incredibly inspiring philanthropic support. The center will stand as a reminder of the indelible mark Dr. D’Angelo has left on UPMC Hamot and on the community.

NEW Location!

This year, the conference is being held at the Bayfront Convention Center, overlooking the bay, at 1 Sassafras Pier, Erie, Pa. Take I-79 North, follow signs to Bayfront Parkway. Take West Bayfront Parkway to Sassafras Ext. Free parking is available at the conference center. The room temperature varies, as does personal preference, so we advise dressing in layers.

Accommodations

The Courtyard by Marriott Erie Bayfront, 2 Sassafras Pier, Erie, PA 16507, is conveniently connected to the Bayfront Convention Center. If you need overnight accommodations, please call the Courtyard by Marriott Erie Bayfront at 814-636-1005. When making your reservation, mention that you are attending the UPMC Hamot Heart of the Matter Conference and ask for the UPMC Hamot discounted rate of $105 per night.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs by Sept. 15, 2017. Contact us at 814-877-2513.

Nursing Accreditation

UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Accreditation refers to recognition of continuing nursing education activities only and does not imply UPMC or Commission on Accreditation approval or endorsement of any commercial product.

Nursing Contact Hours

A maximum of 5.0 nursing contact hours will be awarded (ANCC or UPMC). Participants will be able to claim credit commensurate with the extent of their participation in the program.

Disclosure Statement

All conference planning committee members and faculty participating in continuing nursing education programs sponsored by UPMC Hamot are expected to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation.
Featured Speakers:

Kelly L. Hayes, MD, PhD
Pacemaker and ICD Updates: Breaking News
Dr. Hayes attended medical school at the University of Vermont College of Medicine, Burlington, where she also completed fellowships in both cardiology and electrophysiology.

Her extensive research in platelets led to a doctorate in biochemistry from the University of Vermont Graduate College. Dr. Hayes joined Medicor Associates at the UPMC Hamot Heart and Vascular Institute in 2004. Since that time, she has served as the principal investigator and/or the subinvestigator for numerous cardiac clinical trials. She has a special interest in women's heart health as well as electrophysiology.

Stephen P. Kovacs, DO, FCCP
Lung Cancer 2017 — To Screening and Beyond!
Dr. Kovacs joined UPMC Hamot Pulmonology in August 2016. He completed his education at the Philadelphia College of Osteopathic Medicine in Philadelphia. He completed his fellowship in pulmonary and critical care medicine at Drexel University College of Medicine and his medical training at Hahnemann University Hospital. Dr. Kovacs belongs to many professional organizations including the Society of Critical Care Medicine, American Thoracic Society, American College of Chest Physicians, American Academy of Bronchology, and the American Osteopathic Association. He currently is the co-director of The Lung Center at UPMC Hamot Pulmonology.

Selena Laufenberg, RN, BSN, CCRN
Diabetes: It’s Not Just About the Pancreas Anymore
Ms. Laufenberg received her associate degree in nursing in 1993 and returned to Gannon University to complete her bachelor’s degree in 2003 and graduated magna cum laude. She has been a nurse for 24 years working in cardiac care, medical intensive care and, most recently, in cardiovascular disease management as a cardiovascular and diabetes nurse educator. She is presently enrolled in the Master’s of Science in Nursing, Nursing Administration program at Gannon University with plans to graduate in 2018. She held certification in critical care for 20 years and is presently pursuing her diabetes educator certification.

Ann Marie Howell, BS, ADN, RN-BC
All Hands on Deck — Nurse-Driven Approach to Femoral Artery Postpuncture Care
Ann Marie Howell attended Gannon University and obtained a bachelor’s degree in biology, graduating in 1998. After working in the physical therapy field until 2003, she decided to pursue a nursing career. She obtained her associate degree from Mercyhurst College in 2005. Ann Marie has worked for 12 years on a telemetry unit at UPMC Hamot. She is involved in the hospital-wide Nursing Education and Research Committee as well as her unit-based education committee. She is passionate about educating new nurses and has been a preceptor for 10 years. Her most recent educational endeavor includes working hand in hand with attending cardiologists, and two other nursing colleagues to develop a groin care seminar, which emphasizes a team approach for management of percutaneous site access complications.
Jennifer Ramm, BSN, RN, CCRN
All Hands on Deck — Nurse-Driven Approach to Femoral Artery Postpuncture Care
Ms. Ramm started her career in 1995 as a secretary while attending nursing school. She graduated with her BSN in 1997 from the nursing program through Gannon and Mercyhurst universities. Her first nursing job was in the ICU/Stepdown at Hamot Hospital. She then moved to Buffalo in the year 2000 where she strengthened her cardiac background while working in cardiac stepdown, CVICU, and a nursing supervisory position. Since moving back to Erie in 2010, she has worked in the UPMC Hamot cardiac catheterization lab and recently has gone back to school to obtain her master’s degree as a nurse practitioner. She enjoys spending time with her husband and three children, watching them play hockey and softball, and trying to keep up with her 3-year-old!
She says that “creating the most beneficial experience for the patient” was the motivation behind the collaborative effort by Ms. Ramm and her nursing colleagues when they created education seminars for new and experienced nurses relating to percutaneous management.

Krishna Amuluru, MD
Flow Diversion for Intracranial Aneurysms: Clinical and Technical Updates
Dr. Amuluru joined UPMC Hamot in November 2016 as a staff physician in interventional radiology. He attended Northwestern University, Feinberg School of Medicine in Chicago, and completed his residency in 2013 at Loyola University and The Veteran’s Administration Edward Hines, Jr. Hospital in Maywood, Illinois. He completed clinical fellowships in both diagnostic neuroradiology and endovascular surgical neuroradiology. Dr. Amuluru has done extensive work in the areas of mentoring and research and is well-published in both. He currently serves as the medical director of Stroke Research at UPMC Hamot.

Tessa Wellmon, RD
Medical Nutrition Therapy: What Is It and Who Needs It?
Tessa Wellmon completed her Bachelor of Science degree in dietetics at Gannon University in 2004. She has worked as a dietitian with UPMC for over 10 years. She began her career as a licensed dietitian at Sugar Creek Station in Franklin, Pennsylvania, where she developed nutrition plans for patients with a wide variety of chronic illnesses and dietary restrictions. She came to UPMC Hamot in 2010, and her current role focuses on personal nutrition coaching with emphasis on medical nutrition therapy. She also lectures frequently on improving lifestyle choices to help manage chronic disease.

Marty Brown
A Heartwarming Story About Life After Transplant
Marty was a speaker at the 2013 Heart of the Matter Conference when he spoke of his experience as a patient living with a left ventricular assist device and waiting for a heart transplant. In the fall of 2016, Marty received his heart transplant! We are happy to welcome Marty back to podium to give his patient perspective about waiting for a heart and now his life after transplant.

Christine Orzehowski, MSN, BSN, CRNP, NP-C
Bundle UP! Care Coordination for Quality Outcomes
Christine Orzehowski attended Gannon University earning her Bachelor of Science in nursing. During the next seven years, she gained a strong nursing foundation while working on a telemetry unit at UPMC Hamot. During that time, she obtained her certification in medical surgical nursing. She went on to earn her Master of Science in Nursing from Clarion University as a family nurse practitioner. She is board-certified by the American Association of Nurse Practitioners and licensed by the state of Pennsylvania as a certified registered nurse practitioner. Her focus as a nurse practitioner has remained with a cardiology, working with both general and interventional cardiology. Most recently, Christine has assumed the position of coordinator for the cardiac Bundled Payments for Care Improvement (BPCI) initiative at the UPMC Hamot Heart and Vascular Institute.
Objectives
At the completion of this seminar, you should be able to:

- Describe the most recent evidence-based pacemaker therapies.
- Review troubleshooting techniques for the new pacemakers during implantation and device interrogation.
- Review the history of lung cancer and how it became the epidemic it is today.
- Discuss the array of imaging studies and the importance of lung cancer screening.
- Describe the various minimally invasive diagnostic techniques for lung cancer.
- Review the “8 Core Defects” that contribute to development of type 2 diabetes.
- Discuss the “survival skills” needed by patients with type 2 diabetes.
- Discuss management of femoral hematomas, pseudo-aneurysms or bleeds postprocedure, as it applies from the inpatient to the outpatient setting.
- Describe the indications for flow diversion technology for the management of intracranial aneurysms.
- Review the theory behind flow diversion and how it compares to traditional methods of aneurysm treatment.
- Review the essential elements of Medical Nutrition Therapy (MNT).
- Identify patients who may benefit from MNT.
- Discuss one patient’s journey from life with heart failure to life after transplant.
- Review the new cardiac Centers for Medicare and Medicaid Services (CMS) bundled payment requirements and the implications for patient care management.
- Discuss how collaboration and communication between care providers can benefit the patient.

Registration
Registration fee of $40 for all participants includes all conference materials, breakfast, and lunch.

Please register by September 22, 2017.
For more information visit https://ccehs.upmc.com. Click the link for Upcoming Events and scroll down to Heart of the Matter 2017.

Register Online
Visit our online registration site at https://ccehs.upmc.com.

- Click the link for Upcoming Events and scroll down to Heart of the Matter 2017.
- Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you.

Online registration is complete upon receipt of a confirmation email. If you do not receive this letter within 5–7 days of registration, please contact the UPMC Hamot Center for Education at 814-877-2513.

Register by Mail
- Completing form on back.
- Mail — to UPMC Hamot Center for Education, 201 State Street, Erie, PA 16550, ATTN: Peggy Hinkel — with your check payable to UPMC Hamot.
Acknowledgments
We gratefully acknowledge the following sponsors for their support:

❤ UPMC Hamot Heart and Vascular Institute

❤ UPMC Hamot

❤ UPMC Hamot/UPMC Hamot Heart and Vascular Institute Medical Staff

This conference is designed for health professionals who care for cardiovascular patients and their families.

Registration (continued)

Name

Check Title
- RN
- LPN
- NP
- PA
- MD
- DO
- Other

Specialty

Institution/Organization

Street Address

City, State, ZIP

Daytime Phone Number

Email Address

- My payment by check is enclosed. Make payable to UPMC Hamot.
- My employer to send payment.

Employer Name

- Margaret Eckerd Brown Fund
  Available for UPMC Hamot nurses only.
  If fee is to be paid by this fund, MEB form must be completed and submitted to your manager for approval (MEB form available on the iHamot website).

To assure participation, registration and payment are expected by September 22, 2017.