Behavioral Health and Pediatric Primary Care Conference

Friday, March 31, 2017
8:00 to 5:00 PM

Wyndham Pittsburgh University Center
100 Lytton Ave.
Pittsburgh, PA 15213

Course Director
Abigail Schlesinger, MD
**Introduction**

Children’s Hospital of Pittsburgh of UPMC’s primary care network, Children’s Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a new HealthChoices program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania’s Medical Assistance programs. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health, the use of psychotropic medication, and other pediatric psychiatry related topics.

**Who Should Attend**

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

**Learning Objectives**

At the conclusion of the program, participants will be able to:

1. Increase their awareness of new medications for ADHD, as well as how to access TiPS line in order to support evidence based treatment – Knowledge of ADHD Diagnosis and Treatment.

2. Interpret depression and anxiety scales to ask follow-up questions to assess diagnosis – Diagnosis of Depression and Anxiety.

3. Recognize the scenarios in which psychotropic medications would be appropriate, and the psychiatric and medical monitoring that should occur – Use of Psychotropic Medication in Children.

**Course Director:**

Abigail Schlesinger, MD
Medical Director, TiPS
Clinical Director, Community-Based Services
Children’s Hospital of Pittsburgh
Pittsburgh, PA
Faculty:
David Benhayon, MD, Ph.D.
Children’s Hospital of Pittsburgh of UPMC
Western Psychiatric Institute and Clinic

Colleen D. Gianneski, LCSW
Program Manager, Children’s TiPS (Telephonic Psychiatric Consultation Program)
Behavioral Health Therapist, Children’s TiPS and Child and Family Counseling Center
Children’s Hospital of Pittsburgh of UPMC

Shannon Meyers (Mikita), RN
Outpatient Nurse Coordinator
Children’s Hospital of Pittsburgh of UPMC
Child Counseling Center

Erin Moriarty, LCSW
Clinical Supervisor, Addiction Medicine Services
Center for Psychiatric & Chemical Dependency Services
Western Psychiatric Institute & Clinic of UPMC

Barbara Nightingale, MD
Assistant Professor of Psychiatry and Family Medicine
University of Pittsburgh Medical Center

Roberto Ortiz-Aguayo, MD
Clinical Director, Behavioral Science Division, Campus Based Services
Associate Director, Residency Training, Triple Board Program
Assistant Professor of Psychiatry and Pediatrics, Behavioral Science Divisions
University of Pittsburgh School of Medicine

Justin Schreiber, DO MPH
Western Psychiatric Institute and Clinic of UPMC Presbyterian-Shadyside
Children’s Hospital of Pittsburgh of UPMC
Assistant Professor of Psychiatry and Pediatrics

Sheree Shafer, DNP
Children’s Community Pediatrics
Armstrong Center for Medicine and Health
Children’s Hospital of Pittsburgh of UPMC

Kelley Victor, MD
Children’s Hospital of Pittsburgh of UPMC
Western Psychiatric Institute and Clinic

Victoria S. Winkeller, MD
Medical Director
Children’s Community Pediatrics Behavioral Health Services
Children’s Hospital of Pittsburgh of UPMC

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Schedule

8:00 to 8:30 a.m.  Registration – Continental Breakfast
8:30 to 9:15 a.m.  Welcome and Introduction to TiPS

9:15-10:15 a.m.  Breakout I
  • Diagnosis and Managing ADHD in Primary Care - Dr. David Benhayon
  • Medical Monitoring of Youth Receiving Psychotropic Medication in Primary Care – Dr. Justin Schreiber
  • Internalizing Disorders I – Dr. Victoria S. Winkeller
  • Internalizing Disorders II – Dr. Kelley Victor
  • Introduction to SBIRT – Shannon Mikita and Erin Moriarty, LCSW

10:15 to 10:30 a.m.  Break

10:30 to 11:30 a.m.  Breakout II
  • Diagnosis and Managing ADHD in Primary Care - Dr. David Benhayon
  • Medical Monitoring of Youth Receiving Psychotropic Medication in Primary Care – Dr. Justin Schreiber
  • Internalizing Disorders I – Dr. Victoria S. Winkeller
  • Internalizing Disorders II – Dr. Kelley Victor
  • Introduction to SBIRT – Shannon Mikita RN and Erin Moriarty, LCSW

11:30 a.m. to 12:00 p.m.  Buffet Lunch served in Ballroom

12:00 p.m.  Breakout III
  • Lunch / Networking (12:00 p.m. to 1:00 p.m.)
  • SBIRT Learning Collaborative Kick off Meeting (12:00 p.m. to 5:00 p.m.)

1:00 to 2:00 p.m.  Breakout IV
  • Diagnosis and Managing ADHD in Primary Care - Dr. David Benhayon
  • Medical Monitoring of Youth Receiving Psychotropic Medication in Primary Care – Dr. Justin Schreiber
  • Internalizing Disorders I – Dr. Victoria S. Winkeller
  • Internalizing Disorders II – Dr. Kelley Victor
  • SAFE-T Model and Safety Planning – Dr. Abigail Schlesinger

2:00 to 2:15  Break

2:15 to 3:15 p.m.  Breakout V
  • Diagnosis and Managing ADHD in Primary Care - Dr. David Benhayon
  • Medical Monitoring of Youth Receiving Psychotropic Medication in Primary Care – Dr. Justin Schreiber
  • Internalizing Disorders I – Dr. Victoria S. Winkeller
  • Internalizing Disorders II – Dr. Kelley Victor
  • SAFE-T Model and Safety Planning – Dr. Abigail Schlesinger

3:15 to 3:30 p.m.  Break

3:30 to 4:30 p.m.  Breakout VI
  • Diagnosis and Managing ADHD in Primary Care - Dr. David Benhayon
  • Medical Monitoring of Youth Receiving Psychotropic Medication in Primary Care – Dr. Justin Schreiber
  • Internalizing Disorders I – Dr. Victoria S. Winkeller
  • Internalizing Disorders II – Dr. Kelley Victor
  • SAFE-T Model and Safety Planning – Dr. Abigail Schlesinger

4:30 to 4:40 p.m.  Break
4:40 to 5:00 p.m.  Reconvene in Ballroom (General Questions/Closing Remarks)
5:00 p.m.  Adjournment
Continuing Education Credit

Physicians
The University Of Pittsburgh School Of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through Western Psychiatric Institute and Clinic of UPMC’s Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

Other Healthcare Professionals
Nurses and other health care professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming .65 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.
Registration Information

There are no fees to attend or to receive continuing education credits, however registration is required.

Please register online by March 20, 3017 at: http://bit.ly/2IrNr0n.
If unable to register online, please use the registration form below.

Online Registration Instructions:

1. Click on ‘Register Now’ (small box at bottom of page)
2. If ‘Behavioral Health and Pediatric Primary Care’ appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).
3. Register as a new registrant, or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’)
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on ‘continue’.
6. Complete Transaction and print your registration receipt.

If unable to register online, please complete the registration form and send it to Nancy Mundy (see address after registration form).

Registration Includes:

- All registration and conference materials
- Continental Breakfast/Lunch/Refreshments
- Continuing Education Credits and Continuing Medical Credits

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090
Registration Form
Behavioral Health and Pediatric Primary Care Conference (MD15)
Friday, March 31, 2017 – Wyndham Pittsburgh University Center

Please type or print; photocopy for additional registrants. You can also register at http://bit.ly/2lrN0n.

Register by March 20, 2017

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For Continuing Education purposes, please check the continuing education or medical credits you need:

- □ CADC/CCDP
- □ NBCC Counselor
- □ Nurse
- □ Psychologist
- □ Physician/MD
- □ Social Worker (LSW/LCSW/LPC/LMFT)

Clinician Type:

- □ MD
- □ DO
- □ DNP
- □ CRNP PA
- □ PhD
- □ Other

Please answer:

1. Are you interested in participating in a training in SBIRT? □ Yes □ No
2. Did you attend our training in Erie? □ Yes □ No
3. Do you have food allergies? □ Yes □ No
   If yes, what is your allergy? ____________________________________

Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, PA 15213

Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu