UPMC Hamot Continuing Medical Education Proudly Presents

2015 UPMC Hamot Orthopaedic Update: Trauma Focus

Friday, August 7, 2015
Ambassador Banquet and Conference Center
7794 Peach St. • Erie, Pa.

COURSE DIRECTOR
Jeffrey Nechleba, MD
Chair, Department of Orthopaedics
UPMC Hamot
**PROGRAM OUTLINE**

7:30 to 8 a.m.  Registration and Continental Breakfast

8 to 8:15 a.m.  Introduction

8:15 to 8:45 a.m.  Traumatic Open Fractures
  Gregory Altman, MD

8:45 to 9:15 a.m.  Orthopaedic Perspective on Atypical Femur Fractures
  Ryan Will, MD

9:15 to 9:45 a.m.  Pulmonary Morbidity in Patients With Femur Fractures: Past, Present, Future
  Jason Evans, MD

9:45 to 10 a.m.  Resident Case Presentation

10 to 10:15 a.m.  Break

10:15 to 11 a.m.  Calcaneus Fractures
  Mark Krahe, MD

11 to 11:30 a.m.  DVT and PE Prophylaxis in Lower Extremity Trauma
  Daniel Altman, MD

11:30 to 11:45 a.m.  Resident Case Presentation

11:45 a.m. to 12:45 p.m.  Karl Frankovitch, MD, Honorary Luncheon

12:45 to 1:30 p.m.  Avoiding Complications in Upper Extremity Trauma
  James Roach, MD

1:30 to 2:15 p.m.  Distal Radius Fracture
  John Lubahn, MD

2:15 to 2:30 p.m.  Break

2:30 to 3 p.m.  Physical Therapy Strategies Post-Trauma — Video Case Presentations
  Robert Deppen, PT, DPT, MS, ATC

3 to 3:15 p.m.  Resident Case Presentation

3:15 to 3:45 p.m.  Your Interesting Cases
  Conference participants

3:45 p.m.  Adjournment

6 p.m.  Networking Dinner

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**BRING YOUR INTERESTING CASES FOR REVIEW**

All attendees are encouraged to bring interesting/difficult cases with them to present for review.

If you plan to bring a case with you to present at the conference, please contact Margaret Pett ahead of time: 814-877-4011.

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**POST-CONFERENCE NON-CME ACTIVITY**

Please join your peers and UPMC Hamot orthopaedic residents and Hand Fellowship alumni for a dinner at 6 p.m. Invitations will be sent to preregistrants via email with more information.
TARGET AUDIENCE
Orthopaedic surgeons, ER physicians, trauma surgeons, primary care physicians, physical therapists, occupational therapists, athletic trainers, nurse practitioners, physician assistants, nurses, and other allied health professionals will benefit from attendance at this activity.

GOAL
Please come join us for the 2015 UPMC Hamot Orthopaedic Update Conference. The theme for this conference will be trauma. Attendees will hear about current best practices and standard of care for the treatment of orthopaedic trauma.

OBJECTIVES
At the conclusion of this activity, the participants should be able to:

• Review classification of traumatic open fractures
• Discuss emergent treatment of traumatic open fractures
• Describe definitive treatment of traumatic open fractures
• Define atypical femur fractures
• Describe pathology, risk factors, and clinical signs of atypical femur fractures
• Discuss incidence of atypical femur fractures
• Describe basic orthopaedic and medical treatment of atypical femur fractures
• Discuss the impact of post injury physiology on pulmonary function
• Identify physiologic parameters associated with poor outcomes in patients with femoral shaft fractures
• Describe role of damage control orthopaedics (DCO) in orthopaedic trauma
• Review limitations of current recommendations and integrate recent literature into clinical practice
• Discuss the pathoanatomy of calcaneus fractures
• Review the latest treatment options for calcaneus fractures
• Identify complications of operative and nonoperative treatment of calcaneus fractures
• Identify and recognize the types of traumatic injury that lead to DVTs and PEs in patients with lower extremity trauma
• Discuss evidence-based methods of prophylaxis to prevent DVTs and PEs in these patients
• Identify impending complications in upper extremity trauma
• Treat complications of upper extremity trauma
• Discuss strategies to prevent complications of upper extremity trauma
• Recognize potential complications in the treatment of distal radius fractures before they occur
• Interpret radiographs of distal radius fractures and determine whether or not operative treatment is indicated
• Interpret postoperative radiographs to determine whether or not fixation is stable and adequately placed
• Describe the Soong classification of distal radius fractures following plate placement and fixation, and discuss potential risks for tendon rupture
• Describe manual therapy, gait, and functional training post lower extremity injury
• Discuss indications for physical therapy referral and patient-centered, cost-effective care
• Identify injury patterns for presented cases
• Discuss treatment options and management of complications for presented cases
COURSE DIRECTOR

Jeffrey Nechleba, MD
Orthopaedic and Sports Medicine of Erie
Chair, Department of Orthopaedics
UPMC Hamot
Erie, Pa.

FACULTY

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Associate Professor of Orthopaedic Surgery
Drexel University College of Medicine
Temple University School of Medicine
Pittsburgh, Pa.

Gregory Altman, MD
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Robert Deppen, PT, DPT, MS, ATC
UPMC Hamot Sports Medicine
Erie, Pa.

Jason Evans, MD
Orthopaedic Trauma Surgery
Hughston Trauma Clinic at TriStar Skyline
Nashville, Tenn.

Mark Krahe, MD
Orthopaedic and Sports Medicine of Erie
UPMC Hamot
Erie, Pa.

John Lubahn, MD
Hand, Microsurgery & Reconstructive Orthopaedics, LLP
UPMC Hamot
Erie, Pa.

James Roach, MD
The William F. and Jean W. Donaldson Endowed Chair in Pediatric Orthopaedics
Professor of Orthopaedic Surgery
University of Pittsburgh
Pittsburgh, Pa.

Ryan Will, MD
Department of Orthopaedic Surgery
MultiCare Orthopedics & Sports Medicine
MultiCare Health System
Tacoma, Wash.

CANCELLATION POLICY

Tuition for cancellations postmarked or date stamped before July 24, 2015, will be completely refunded. After July 24, 2015, a $24 administration fee will be assessed. No refunds will be made after Aug. 6, 2015. However, substitutes are welcome. Please notify UPMC Hamot’s CME Department of substitutions and cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-4011, or via USPS mail to: UPMC Hamot CME Department, 201 State St., Erie, PA 16550.

UPMC Hamot reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, registration fees will be fully refunded. Preregistrants will be informed of the cancellation via email, or phone if no email address is given.

ATTIRE

Attire for the conference is business casual. Since meeting room temperatures can vary, it is recommended that you bring a light jacket or sweater with you to the conference.

LOCATION AND ACCOMMODATIONS

The program is being held at the Ambassador Banquet and Conference Center behind the Courtyard by Marriott at 7794 Peach St., Erie, PA. Reservations can be made by calling 814-860-8300. Please make sure to mention “UPMC Hamot Ortho Conference” when reserving hotel rooms at to secure the reduced rate of $89 per night.
AMA ACCREDITATION
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA DESIGNATION
The University of Pittsburgh designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.6 continuing education units (CEUs) which are equal to 6 contact hours.

TRAUMA CREDIT HOURS
Sessions of this activity meet the requirements for trauma education hours. The maximum trauma education credit available is 6.

PT CREDIT
Individuals may apply for continuing education credit through the Pennsylvania State Board of Physical Therapy before the activity: http://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/PhysicalTherapy, “General Board Information,” “Applications and Forms.”

OT CREDIT
Individuals may apply for continuing education credit through the Pennsylvania State Board of Occupational Therapy Education and Licensure before the activity: http://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/OccupationalTherapy, “General Board Information,” “Applications and Forms.”

ATHLETIC TRAINER CEUS
This activity is approved for 6 CEUs for athletic trainers — NATA BOC #P417.

DISCLOSURE
Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

COMMERCIAL SUPPORT
A complete list of supporters will be included in the packet given to attendees at the conference.

SPECIAL NEEDS
Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling UPMC Hamot’s CME office at 800-352-2553 or 814-877-4011.

JOIN OUR EMAIL LIST: To receive links to electronic brochures in the future and join our email list, please be sure to provide your email address on the registration form. Your email address will not be sold or used for any purpose other than to inform you about CME opportunities at UPMC Hamot.
REGISTRATION
The registration fee includes attendance at the seminar, electronic educational materials, continental breakfast, refreshment breaks, and lunch for conference attendees. If you have any questions, please contact the CME Information line at 814-877-3948.

Registration forms should be returned to:
UPMC Hamot, 201 State St., Erie, PA 16550
ATTN: CME Department.

Physicians ................................................... $120
Nurses/Allied Health Professionals/Others ....................... $50
Physical Therapists ........................................ $50
Occupational Therapists ..................................... $50
Athletic Trainers ............................................ $50
Residents/Students ....................................... $25

ONLINE REGISTRATION
Registering online is the quickest and easiest way to reserve your space at UPMC Hamot conferences. Visit our online registration site at https://ccehs.upmc.com. Click the link for Upcoming Events and scroll down to the “Aug. 7, 2015 – UPMC Hamot 2015 Orthopaedic Update Conference: Trauma” section on the web page. Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you.

Online registration is complete upon receipt of a confirmation email. If you do not receive this email within 5–7 days of registration, please contact the UPMC Hamot CME Department at 814-877-4011.

To assure participation, registration and payment are expected by July 24, 2015.

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CREDIT CARD OR CHECK REGISTRATION

Name ____________________________________________

Circle Title: MD  DO  NP  RN  PA  PT  OT  ATC  Other: _______

Specialty ____________________________________________

Institution/Organization ____________________________________________

Street Address ____________________________________________

City, State, ZIP ____________________________________________

Daytime Phone Number ____________________________________________

Email Address ____________________________________________

Select the appropriate options below:

❑ $120  Physicians
❑ $50  Nurses/Allied Health Professionals/Other
❑ $50  Physical Therapists
❑ $50  Occupational Therapists
❑ $50  Athletic Trainers
❑ $25  Residents/Students

Enter Total Amount $ ____________________

❑ My payment by check is enclosed.

Return this form with payment to:
UPMC Hamot, CME Department,
201 State Street, Erie, PA 16550
Checks should be made payable to UPMC Hamot.

❑ My payment by check will be mailed separately.

Fax this completed form to CME Department:
814-877-4010. Mail payment with a copy of the completed registration form.

❑ I authorize the total amount above to be charged to my credit card.

❑ Visa  ❑ MasterCard
❑ American Express  ❑ Discover

Card Number: ____________________________
Expiration Date (Month/Year): ____________________________
Signature: ____________________________

❑ UPMC Employee Journal Entry Transfer

If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:

Business Unit: ____________________________

Account Number: ____________________________

Department ID Number: ____________________________

Name of Department Manager/Director: ____________________________

Authorized Department Signature: ____________________________

...registration continued