2013

UPMC Hamot Orthopaedic Update: Upper Extremity

Friday, August 2, 2013

Peek’n Peak Resort & Spa
Clymer, NY

COURSE DIRECTORS

Gary Cortina, MD
Chair, Department of Orthopaedics
UPMC Hamot

D. Patrick Williams, DO
Department of Orthopaedics
UPMC Hamot
TARGET AUDIENCE
Orthopaedic surgeons, ER physicians, trauma surgeons, primary care physicians, physical therapists, occupational therapists, athletic trainers, nurse practitioners, physician assistants, orthopaedic nurses and technicians, and other allied health professionals will benefit from attendance at this activity.

GOAL
Please come join us for the 2013 UPMC Hamot Orthopaedic Update Conference. The theme for this conference will be upper extremity pathology. Attendees will enjoy lectures regarding cutting-edge techniques for dealing with upper extremity trauma, nerve problems, and reconstruction for osteoarthritis. In addition, a nursing and therapy section has been added for preoperative and postoperative care of the upper extremity patient.

All attendees are encouraged to bring interesting/difficult cases with them to present for review.

OBJECTIVES
At the conclusion of this activity, the participants should be able to:
• Discuss the pros and cons of endoscopic carpal tunnel release
• Identify the relative anatomy involved with endoscopic carpal tunnel release
• Recognize acute and chronic hand injuries from gunshot wounds
• Identify injury patterns for presented cases
• Discuss treatment options and management of complications for presented cases
• Discuss options for reconstruction or replacement of the distal radial ulnar joint
• Describe different proximal humerus fracture patterns and their associated treatment options
• Describe key elements of a comprehensive preoperative and postoperative hand assessment
• List assessment clues that indicate the presence of preoperative and postoperative hand injury complications
• Discuss different distal humerus fracture patterns and treatment options
• Discuss early postoperative goals and treatment progression for shoulder injuries

JOIN OUR EMAIL LIST: To receive links to electronic brochures in the future and join our email list, please be sure to provide your email address on the registration form. Your email address will not be sold or used for any purpose other than to inform you about CME opportunities at UPMC Hamot.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 to 8 a.m.</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8 to 8:15 a.m.</td>
<td>Introduction</td>
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<tr>
<td>8:15 to 9 a.m.</td>
<td>Endoscopic Carpal Tunnel Release</td>
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<td>James Howell, MD</td>
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<tr>
<td>9 to 9:45 a.m.</td>
<td>Gunshot Injuries of the Hand</td>
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<td>Kevin Kuzma, MD</td>
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<td>9:45 to 10 a.m.</td>
<td>Resident Case Presentation</td>
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<td>10 to 10:15 a.m.</td>
<td>Break</td>
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<tr>
<td>10:15 to 11 a.m.</td>
<td>Update on the DRUJ</td>
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<td>D. Patrick Williams, DO</td>
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<tr>
<td>11 to 11:45 a.m.</td>
<td>Proximal Humerus Fractures</td>
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<td>Brad Jelen, DO</td>
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<td>11:45 a.m. to Noon</td>
<td>Resident Case Presentation</td>
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<tr>
<td>Noon to 1 p.m.</td>
<td>Lunch — Networking in the Downstairs Dining Room</td>
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<tr>
<td>1 to 1:30 p.m.</td>
<td>Preoperative and Postoperative Hand Evaluation</td>
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<td>Elizabeth Cancilla, RN, BSN, ONC, and Ruhiyyih (Rudy) Davis, RN, BSN</td>
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<tr>
<td>1:30 to 2:15 p.m.</td>
<td>Distal Humerus Fractures</td>
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<td>Brad Jelen, DO</td>
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<tr>
<td>2:15 to 2:30 p.m.</td>
<td>Resident Case Presentation</td>
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<td>2:30 to 2:45 p.m.</td>
<td>Break</td>
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<td>2:45 to 3:30 p.m.</td>
<td>Therapy Goals for the Postoperative Shoulder</td>
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<td>Peter Grimaldi, PT, ATC</td>
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<td>3:30 to 4 p.m.</td>
<td>Your Interesting Cases</td>
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<td>Conference Participants</td>
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<td>4 p.m.</td>
<td>Adjournment</td>
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<tr>
<td>6 p.m.</td>
<td>BBQ Dinner at the Lodge (optional)</td>
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**Post-Conference Non-CME Activity**

Please join your peers and Hamot Orthopaedic Resident and Hand Fellowship Alumni for a barbecue dinner at 6 p.m. following the conference at the Peek’n Peak Lodge. Just indicate on your registration that you would like to attend and please include $23 per person for you and your guests. Families are welcome. Children age 11 and under eat for half the price.

Make a weekend of your trip and enjoy the amenities at the renovated Peek’n Peak facilities. Call 716-355-4141 to inquire about tee times, golf lessons for kids, mini golf, Segway rentals, Kidzone, pool facilities, and packages available at the Spa at Peek’n Peak. For more information on updated amenities, visit the website: http://www.pknpk.com. A block of tee times has been reserved from 8 to 8:40 a.m. on Saturday, August 3.
**COURSE DIRECTORS**

Gary Cortina, MD  
Orthopaedic Surgeon  
Chair, Department of Orthopaedics  
UPMC Hamot  
Erie, PA

D. Patrick Williams, DO  
Orthopaedic Surgeon  
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Erie, PA

**FACULTY**

James Howell, MD  
Orthopaedic Trauma Surgeon  
Conway Orthopaedic & Sports Medicine Clinic  
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Kevin Kuzma, MD  
Orthopaedic Hand Surgeon  
Orthopaedic & Hand Specialists, P.A.  
Greensboro, NC

Brad Jelen, DO  
Orthopaedic Trauma Surgeon  
OrthoIndy  
Indiana Orthopaedic Hospital  
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Elizabeth Cancilla, RN, BSN, ONC  
Clinician, Orthopaedic Unit  
UPMC Hamot  
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Ruhiyyih (Rudy) Davis, RN, BSN  
Professional Staff Nurse, Orthopaedic Unit  
UPMC Hamot  
Erie, PA

Peter Grimaldi, PT, ATC  
Program Director  
UPMC Hamot Sports Medicine Center  
Erie, PA

**UPMC Hamot Orthopaedic Residents**  
Erie, PA

**CANCELLATION POLICY**

Tuition for cancellations postmarked or date stamped before July 19, 2013, will be completely refunded. After July 19, 2013, a $24 administration fee will be assessed. No refunds will be made after August 1, 2013. However, substitutes are welcome. Please notify UPMC Hamot’s CME Department of substitutions and cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-4011, or via USPS mail to: UPMC Hamot CME Department, 201 State St., Erie, PA 16550.

**ATTIRE**

Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket to the conference.

**LOCATION AND ACCOMMODATIONS**

The conference is being held at The Inn at the Peek’n Peak Resort & Spa in Clymer, NY. Reservations can be made by calling 716-355-4141. Please make sure to mention “UPMC Hamot Ortho Conference” when reserving hotel rooms at the Inn to secure the reduced rate of $129 per night.
**AMA ACCREDITATION**
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**DESIGNATION**
The University of Pittsburgh designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.6 continuing education units (CEUs) which are equal to 6.25 contact hours.

**ANCC ACCREDITATION**
UPMC Hamot is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

**NURSING CREDIT HOURS**
A maximum of 6.25 nursing contact hours will be awarded. Participants will be able to claim credit commensurate with the extent of their participation in the program. Accreditation refers to recognition of continuing nursing education activities only and does not imply UPMC Hamot or Commission on Accreditation approval or endorsement of any commercial product.

**TRAUMA CREDIT HOURS**
Sessions that meet requirements for trauma education hours will be indicated on the credit designation form at the conference. This activity has been approved for a maximum of 3.0 trauma education credits.

**ATHLETIC TRAINER CEUs**
This activity is approved for 6.25 CEUs for athletic trainers — NATA BOC #P417.

**DISCLOSURE**
Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health-care-related companies.

If you plan to bring a case with you to present at the conference, please contact Margaret Pett ahead of time: 814-877-4011.

**COMMERCIAL SUPPORT**
A complete list of supporters will be included in the packet given to attendees at the conference.
REGISTRATION
The registration fee includes the seminar, electronic educational materials, continental breakfast, refreshment breaks, and lunch. If you have any questions, please contact the UPMC Hamot CME Office at 800-352-2553 or 814-877-3948.

Registration forms should be returned to:
UPMC Hamot, 201 State St., Erie, PA 16550
ATTN: CME Department.

Physicians ..................................................... $115
Nurses/Allied Health Professionals/Others ....................... $55
Residents/Students ....................................... $25

Post-Conference Dinner — guests welcome!
Adults ..................................................... $23 each
Children ............................................ $11.50 each

ONLINE REGISTRATION: Registering online is the quickest and easiest way to reserve your space at UPMC Hamot conferences. Visit our online registration site at https://ccehs.upmc.com. Click the link for Upcoming Events and scroll down to the UPMC Hamot 2013 Orthopaedic Update: Upper Extremity Conference section on the web page. Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you.

Online registration is complete upon receipt of a confirmation email. If you do not receive this email within 5–7 days of registration, please contact the UPMC Hamot CME Department at 814-877-4011.

To assure participation, registration and payment are expected by July 19, 2013.

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CREDIT CARD OR CHECK REGISTRATION

Name ________________________________
Circle Title:  MD  DO  NP  RN  PA  Other: ________________________
Specialty ______________________________________________________
Institution/Organization _________________________________________
Street Address __________________________________________________
City, State, ZIP ________________________________________________
Daytime Phone Number ____________________________
Email Address ____________________________________________

Select the appropriate options below:

❑ $115 Physicians
❑ $55 Nurses/Allied Health Professionals/Other
❑ $25 Residents/Students

Optional Post-Conference Dinner
(list number of people on provided space, leave blank if you are not attending)

❑ $23 per adult
❑ $11.50 per child under age 11

Enter Total Amount $ __________________________

❑ My payment by check is enclosed.
Return this form with payment to:
UPMC Hamot, CME Department,
201 State Street, Erie, PA 16550
Checks should be made payable to UPMC Hamot.

❑ My payment by check will be mailed separately.
Fax this completed form to CME Department:
814-877-4010. Mail payment with a copy of the completed registration form.

❑ I authorize the total amount above to be charged to my credit card.

   Visa ❑  MasterCard ❑
   American Express ❑  Discover ❑
Card Number: __________________________
Expiration Date (Month/Year): __________
Signature: __________________________

❑ UPMC Journal Entry Transfer
   If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:

   Business Unit: __________________________
   Account Number: __________________________
   Department ID Number: __________________________
   Name of Department Manager/Director: __________________________
   Authorized Department Signature: __________________________