The Future of Home-Based Mental Health Care for the Elderly

Friday, September 11, 2009
William Pitt Student Union
University of Pittsburgh
3959 Fifth Avenue
Pittsburgh, PA 15260

Friday, October 16, 2009
Student Faculty Center
Temple University
3340 North Broad Street
Philadelphia, PA 19140

COURSE DIRECTORS:
John Kasckow, MD, PhD
John Hennon, EdD
The Future of Home-Based Mental Health Care for the Elderly

Introduction

The effectiveness of home-based mental health care for the elderly is evidence-based and points to the delivery system of the future. During this conference, noted researchers and healthcare providers in the field will speak and present local models. In addition, they will address key issues that arise during the delivery of home-based mental healthcare for the elderly such as the recognition of cognitive difficulties and depression, caregiver concerns, ethical problems, and driving-related issues.

Who Should Attend

These conferences are intended for physicians, psychologists, counselors, social workers, nurses and other health care professionals who work with geriatric patients providing mental health or home-based care. Primary care practitioners, researchers in the field of aging, students in the Geriatric Certificate program, VA staff, and geriatric psychiatry fellows would also find this program relevant to their work.

Educational Objectives

At the conclusion of the program, participants should be able to:

- Describe mental health care and comorbidity issues experienced by the elderly.
- Identify ethical issues presented in the provision of home-based care and some strategies for addressing them.
- Discuss specific models and programs of home-based care that would be applicable to their own practice.

We encourage participation by all individuals. Advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.
COURSE DIRECTORS

John Kasckow, MD, PhD
Staff Psychiatrist
Investigator, MIRECC
VA Pittsburgh Healthcare System
Professor of Psychiatry
University of Pittsburgh School of Medicine
Pittsburgh, Pennsylvania

John G. Hennon, EdD
Associate Director for Education and Evaluation
Geriatric Research, Education and Clinical Center (GRECC)
VA Pittsburgh Healthcare System
Co-Director, Geriatric Education Center of Pennsylvania (GEC/PA)
University of Pittsburgh
Pittsburgh, Pennsylvania

FACULTY

Stephen J. Bartels, MD, MS
Professor of Psychiatry and of Community and Family Medicine
Dartmouth Medical School
Director, Dartmouth Centers for Health and Aging
Hanover, New Hampshire

Bradley E. Karlin, PhD
Associate Chief Consultant for Psychotherapy and Psychogeriatrics
Office of Mental Health Services
VA Central Office
Washington, DC

David Keller, RN, BSN, MSM
Care Coordinator for Home Telemental Health
VA Pittsburgh Healthcare System
Pittsburgh, Pennsylvania

Lynn M. Martire, PhD
Associate Professor of Psychiatry
Associate Director of Gerontology
University of Pittsburgh School of Medicine
Pittsburgh, Pennsylvania

Rick Morycz, PhD
Associate Professor of Psychiatry, Medicine, and Social Work
University of Pittsburgh School of Medicine
Program Director, Benedum Geriatric Center
Director, Geriatric In-Home Support Program
Administrative Director, Geriatric Services Line
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Michelle I. Rossi, MD, MPH
Associate Director for Clinical Care, GRECC
VA Pittsburgh Healthcare System
Pittsburgh, Pennsylvania

Bonnie A. Sturm, EdD, RN
Assistant Professor in Nursing
Seton Hall University College of Nursing
South Orange, New Jersey

Sabrina Tillman-Boyd
Director, Office of Policy, Planning, and Program Development
Office of Mental Health and Substance Abuse Services
Department of Public Welfare
Harrisburg, Pennsylvania

Cynthia Wishkovsky, MSSA, LSW
Director, Journey’s Way
Vice President, Aging Services
Intercommunity Action, Inc.
Philadelphia, Pennsylvania

In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interest (if any) will be included in materials which will be distributed at the time of the conference.
Continuing Education Credit:

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of his or her participation in the activity.

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

Certified Addictions Counselors: CAC
Western Psychiatric Institute and Clinic/Office of Education and Regional Programming is certified by the Pennsylvania Certification Board (PCB) to provide Certified Addiction Counselor (CAC) continuing education credits for those participants attending the entire program. 6.5 PCB hours have been approved for participation in this conference.

Counselors
Western Psychiatric Institute and Clinic is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines. This program is being offered for 6.5 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.5 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner.

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.5 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Health Care Professionals
Other health care professionals are awarded 0.65 Continuing Education Units (CEU’s) which are equivalent to 6.5 contact hours.
Schedule:

MORNING: EVIDENCE SUPPORTING HOME-BASED MENTAL HEALTH CARE

8:00 a.m. Registration
8:30 a.m. Overview of Evidence-Based Models of Mental Health Care and Implementation Resource Materials
Stephen J. Bartels, MD, MS
9:30 a.m. Overview of Home-Based Mental Health Care Programs at the VA
Bradley E. Karlin, PhD
10:15 a.m. Break
Local Models
Geriatric In-Home Support Programs
Rick Morycz, PhD (Pittsburgh); Cynthia Wishkovsky, MSSA, LSW (Philadelphia)
VA Tele-Mental Health
David Keller, RN, BSN, MSM
Mobile Mental Health Treatment
Sabrina Tillman-Boyd
12:00 p.m. Lunch (on your own)

AFTERNOON: KEY ISSUES IN HOME-BASED MENTAL HEALTH CARE

1:15 p.m. Breakout Session I
A. Driving
Michelle I. Rossi, MD, MPH
B. Ethics
Bonnie A. Sturm, EdD, RN
C. Cognition and Depression: Diagnosis and Treatment Issues
John Kasckow, MD, PhD
D. Caregiver Issues
Lynn M. Martire, PhD
2:45 p.m. Break
3:00 p.m. Breakout Session II
A. Driving
Michelle I. Rossi, MD, MPH
B. Ethics
Bonnie A. Sturm, EdD, RN
C. Cognition and Depression: Diagnosis and Treatment Issues
John Kasckow, MD, PhD
D. Caregiver Issues
Lynn M. Martire, PhD
4:30 p.m. Adjournment
Locations:

September 11, 2009: Pittsburgh
William Pitt Student Union
University of Pittsburgh
3959 Fifth Avenue
Pittsburgh, PA  15260

October 16, 2009: Philadelphia
Student Faculty Center
Temple University
3340 North Broad Street
Philadelphia, PA  19140

Registration Information:

Deadlines for Registration:  
Pittsburgh  
September 2, 2009  
Philadelphia  
October 2, 2009

Tuition:  

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<td>General</td>
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Tuition Includes:
- All registration and conference materials
- Refreshments
- Continuing education credits

Full Tuition must accompany the form. A $10 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by September 2, 2009 for the Pittsburgh session and October 2, 2009 for the Philadelphia session.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
Western Psychiatric Institute and Clinic
Office of Education and Regional Programming
4601 Baum Building, Room 166
3811 O’Hara Street
Pittsburgh, PA  15213

Telephone: 412-802-6900/ Fax: 412-802-6910
mundynl@upmc.edu
www.wpic.pitt.edu/oerp
Registration Form:  
The Future of Home-Based Mental Health Care for the Elderly  

(Please type or print; photocopy for additional registrants. Telephone registrations cannot be accepted.)

Registration Deadline: Pittsburgh (MB96) – September 2, 2009; Philadelphia (MB97) – October 2, 2009

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<td>Degree(s) to be noted on name badge (e.g. MD, PhD)</td>
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<td>Institutional Affiliation:</td>
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|                                                |
| City:                                           |
| State:                                          |
| Zip:                                            |
| County:                                         |
| Day Telephone:                                  |
| E-Mail Address:                                 |

Please indicate which session you plan to attend (Please check one):

____ (MB96) Pittsburgh, September 11, 2009
____ (MB97) Philadelphia, October 16, 2009

Please indicate which workshop you plan to attend (Please circle one choice for each session):

1:00 p.m.                        A B C D
2:45 p.m.                        A B C D

For Continuing Education Purposes, please check if you are:

□ NBCC Counselor (NBCC Number____________)    □ Nurse    □ Physician/MD
□ Social Worker   □ Psychologist    □ CAC    □ CPRP

Method of Payment:

General Admission: Before deadline $50; After deadline $60
Students: Before Deadline $25; After deadline $30

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To be completed by Credit Card Users ONLY:

Card Number:
Expiration Date:
Signature:
Security Code: (three digits in back of card)

To be completed for UPMC account transfers ONLY:

Business Unit:  Account #:
Administrator's Name:
Administrator's Signature: