Evidence-Based Approaches to Common Medical Problems

October 30 - 31, 2008
Omni William Penn Hotel • Pittsburgh, PA

Online Registration is available at
http://ccehs.upmc.edu

For information on
“How Physicians Can Acquire Additional Credits
in time for Re-licensure,”
visit our website at http://ccehs.upmc.edu.

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Pittsburgh, Pennsylvania

Endorsed by:
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences
Department of Medicine
Overview

This two-day post graduate course is designed to provide general internists, family practitioners, medical specialists, and other health care professionals who provide primary care services with a comprehensive update on major advances in internal medicine as well as a review of various medical, surgical, and related topics impacting daily practice. Emphasis will be placed on evidence-based approaches to practical and innovative health care delivery focusing on quality and cost effectiveness in our ever-changing health care environment. The course is also designed to update medical specialists on disease perspectives on a variety of disorders that can impact their specialty practice activities.

Objectives

Upon completion of this program, participants should be able to:

- Compare and contrast diagnostic and therapeutic options for common diseases encountered in primary care practice including coronary artery and other heart diseases, geriatrics, GI disorders, cancer screening and management, musculoskeletal diseases, and obesity.
- Synthesize current scientific evidence for managing chronic illnesses afflicting adults and geriatric population including diabetes, rheumatoid arthritis, vaccinations, hepatitis, fibromyalgia, headaches, COPD, and infections.
- Analyze the impact of current health care financing mechanisms and regulatory issues on practice activities.

Who Should Attend

This course is designed for general internists, family practitioners, medical specialists, and other health care professionals who provide primary care services.

Meeting Location

The Omni William Penn Hotel
530 William Penn Place
Pittsburgh, Pennsylvania 15219
Phone: (412) 281-7100, Fax: (412) 553-5252

See page 11 for information regarding parking and accommodations.

Continuing Education Credit

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 1.60 continuing education units (CEU’s) which are equal to 16.0 contact hours.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

Application for Category 2-A credit has been filed with the American Osteopathic Association. Determination of credit is pending.

The Center for Continuing Education in the Health Sciences has included topics which should meet the Patient Safety / Risk Management criteria. These topics will be highlighted in gold-colored shading within the schedule.

Re-licensure

Please Note: This is the year for re-licensure. CCEHS offers a wide variety of courses that are approved for AMA PRA Category 1 Credits™. Visit the CCEHS website at https://ccehs.upmc.edu for more information.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling (412) 647-9541 or (412) 647-8232.
UPDATE IN INTERNAL MEDICINE: 2008 Schedule
Evidence-Based Approaches
To Common Medical Problems

THURSDAY, OCTOBER 30, 2008

7:00 am Registration/Continental Breakfast
8:00 am Welcome/Introduction

Morning Session

8:05 am Evolving Treatment of Hyperlipidemia
Daniel Edmundowicz, MD

8:40 am Medical Management vs. Revascularization in Coronary Artery Disease
Conrad Smith, MD

9:20 am Valvular Heart Disease – What the Internist Needs to Know
James A. Shaver, MD

10:00 am Coffee Break

10:15 am Rheumatoid Arthritis
Larry W. Moreland, MD

10:50 am Pain in the Elderly
Debra K. Weiner, MD

11:25 am Sleep Medicine
Patrick J. Strollo Jr., MD

Noon Lunch

12:20 pm Internal Medicine Workforce and Training
Steven D. Shapiro, MD

Racial and Ethnic Disparities in Health Care – Lessons for Clinical Practice
Jeannette South-Paul, MD

1:15 pm Break

Afternoon Session

1:30 pm What Has Genetics Taught Us About GI Diseases?
David C. Whitcomb, MD, PhD

2:15 pm Common Electrolyte Abnormalities
James R. Johnston, MD

2:55 pm Deep Venous Thrombosis and Pulmonary Embolism
John W. Kreit, MD

3:35 pm Coffee Break

3:50 pm Approach to Abnormal Liver Function Tests
Jaideep Behari, MD, PhD

4:30 pm Impact of the New Immunizations
Richard K. Zimmerman, MD

5:15 pm Thursday Adjournment

FRIDAY, OCTOBER 31, 2008

7:00 am Continental Breakfast

Morning Session

8:00 am Breast Cancer – Collaborative Care for Breast Cancer
Victor G. Vogel, MD, MHS

8:40 am Controversies in Prostate Cancer
Gurkamal S. Chatta, MD

9:20 am Screening for GI Malignancy and Evidence-Based Approach to Screening, Surveillance and Treatment
Robert Schoen, MD

10:00 am Coffee Break

10:15 am Diagnosis and Treatment of Anemia
Robert L. Redner, MD
Course Directors

Frederick R. DeRubertis, MD
Professor of Medicine
Department of Medicine

Wishwa N. Kapoor, MD
Professor of Medicine
Department of Medicine

Melissa McNeil, MD
Professor of Medicine
Department of Medicine

Fred H. Rubin, MD
Professor of Medicine
Department of Medicine

Steven D. Shapiro, MD
Jack D. Myers Professor and Chair, Department of Medicine
Department of Medicine

Faculty

René Alvarez, MD
Associate Professor of Medicine
Department of Medicine

Vijay Bahl, MD
Clinical Professor of Medicine
Department of Medicine

Jaideep Behari, MD, PhD
Assistant Professor of Medicine
Department of Medicine

Franklin Bontempo, MD
Associate Professor of Medicine
Department of Medicine

Gurkamal S. Chatta, MD
Associate Professor of Medicine
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Mark A. Dinga, MEd, RD, LDN
Outpatient Dietitian
University of Pittsburgh Medical Center

Daniel Edmundowicz, MD
Associate Professor of Medicine
Department of Medicine

James R. Johnston, MD
Professor of Medicine
Department of Medicine

Robert Kaniecki, MD
Assistant Professor of Neurology
Department of Neurology

Unless otherwise noted, all conference faculty are affiliated with the University of Pittsburgh School of Medicine and are located in the Pittsburgh, PA region.
Registration Information

PRE-REGISTER – Early registrations are due by October 6, 2008. After October 6, 2008 late registrations will be accepted until October 27, 2008 at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations received after this date. If space is available after this date, on-site registration on October 30, 2008 will be required and incur an additional processing fee.

On-line Registrations (due by October 27, 2008)
Registering online is the quickest and easiest way to reserve your space at CCEHS conferences. Visit our online registration site at https://ccehs.upmc.edu/formalCourses.jsp#1580

Click the Registration button and enter all the requested information (including an email address and follow the prompts to submit your registration after entering your payment information.

Print the automatic electronic registration confirmation email sent to the email address you provided us when you registered. If you do not receive this confirmation, please contact us at (412) 647-8232.

Paper Registrations by Fax or Mail (see contact information below)
If you are unable to register online please submit a request for a paper form. UPMC employees whose registration fee will be remitted via journal transfer must request the paper registration form.

A confirmation letter will be e-mailed, faxed, or mailed if registration is completed using the paper form. If you register on-line, please provide an email address and you will receive an immediate e-mail confirmation message.

Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-8232 or (412) 647-9541.

You must bring this confirmation letter with you to the conference.

Cancellation

All cancellations must be in writing and sent to us via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before October 6, 2008 will be completely refunded. After October 6, 2008, a $35 administrative fee will be assessed. No refunds will be made after October 20, 2008. Cancellation requests can be made to:

Shauna R. Brown, Senior Conference Manager
UPMC/CCEHS
Medical Arts Building, Suite 220, 200 Lothrop Street
Pittsburgh PA 15213
brownsr@upmc.edu
Phone: (412) 647-9541 or (412) 647-8232 • Fax: (412) 647-8222
Meeting Location

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Overnight Accommodations

CCEHS has reserved a block of hotel rooms at discounted rates at the Omni William Penn Hotel for our conference attendees. You may make reservations at your own discretion. The room block is limited and only available until Monday, October 6, 2008. Space cannot be guaranteed once the block expires or the block is filled, whichever occurs first.

In order to reserve a room, call the Omni William Penn Hotel at (412) 281-7100 and mention you are attending the Update in Internal Medicine conference.

Room rates are $155.00 per night plus applicable taxes and fees.

If you experience difficulty arranging your reservations, please call Shauna Brown at (412) 647-9541.

Parking

Parking is on your own and not covered by conference tuition. The closest parking is adjacent to the hotel at the Mellon Garage located at the corner of Sixth Avenue and William Penn Way. The cost is approximately $20/day. Parking is based on availability.

The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University’s mission. This policy applies to admissions, employment, access to and treatment in University programs and activities. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs and complaint/grievance procedures, please contact: William A. Savage, Assistant to the Chancellor and Director of Affirmative Action (and Title IX and 504 Coordinator), Office of Affirmative Action, 901 William Pitt Union, University of Pittsburgh, Pittsburgh, PA 15260, (412) 648-7860.

Registration Information continued from page 9

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

Registration Fees

On-Time Rate (Until September 21, 2008)
$250 Physicians
$150 Physicians in 1st year of practice, Residents, Fellows, nurses and other health care professionals

Late Registration (all registrations received after September 21, 2008)
$275 Physicians
$175 Physicians in 1st year of practice, Residents, Fellows, nurses and other health care professionals

On-site Registration (required after October 27, 2008)
$300 Physician Fee
$200 Physicians in 1st year of practice, Residents, Fellows, nurses and other health care professionals

Registration fee includes:
- Continuing education credit
- Registration and course materials
- Continental breakfast, refreshments and lunch

For additional information, contact:
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Visit the Center for Continuing Education in the Health Sciences Web Site

Our Internet address is: http://ccehs.upmc.edu

The UPMC/Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.