FIRST ANNUAL
SLEEP MEDICINE CONFERENCE

SLEEP TECHNOLOGY:
THE BUILDING BLOCKS OF TOMORROW

FRIDAY, NOVEMBER 9, 2007

For further information or on-line registration, contact:
http://ccehs.upmc.edu
OVERVIEW
The UPMC Sleep Medicine Center is proud to present its inaugural Sleep Medicine Conference. This year’s conference will focus on the latest ambulatory and in-lab methods of diagnosing and treating sleep disorders. Topics to be covered will include Sleep Apnea Syndrome, Insomnia, Circadian Rhythm Sleep Disorders, Restless Legs Syndrome and Neuromuscular Disease.

EDUCATIONAL OBJECTIVES
• Identify new methods and techniques used in the management of sleep apnea.
• Describe the role of the Sleep Technologist in optimizing the treatment of neuromuscular disease.
• Describe the use of Actigraphy in diagnosing and treating Insomnia and Circadian Rhythm Sleep Disorders, as well as reimbursement issues.
• Introduce new techniques in advanced signal processing of EEG and heart rate data.
• Be able to identify future issues in sleep medicine with an emphasis on training, certification, quality assurance, and lab accreditation.

WHO SHOULD ATTEND
The conference is intended for sleep technologists, respiratory therapists, sleep physicians, sleep lab directors, nurses and physicians interested in Sleep Medicine.

CONTINUING EDUCATION CREDIT
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.7 continuing education units (CEU’s) which are equal to 7.0 contact hours.

Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

Application has been made to the American Association for Sleep Technicians (AAST) for continuing education contact hours for sleep technicians.

MEETING LOCATION
The conference will be at the Biomedical Science Tower, located at 3501 Fifth Avenue, Pittsburgh, PA 15213, Rooms 110A, 120 and 123.

SCHEDULE - FRIDAY, NOVEMBER 9, 2007

7:45 am  Registration/Continental Breakfast
8:00 am  Introduction to Conference
          Patrick Strollo, MD
8:10 am  Past, Present and Future (Opportunities) in Sleep Medicine
          Clete Kushida, MD, PhD, RPSGT
9:00 am  Restless Legs Syndrome/PLMS – Diagnosis, Treatment and Scoring
          Charles Atwood, MD
9:30 am  Optimizing Respiratory Functions in Neuromuscular Disease
          Daniel Weiner, MD
10:00 am Vendor Display/Break
10:30 am Updates on Insomnia
          Anne Germain, PhD
11:00 am Actigraphy
          Timothy Monk, PhD, DSc
11:30 am PTT/Portable Monitoring
          Patrick Strollo, MD
12:00 pm Lunch/Vendor Display
1:15 pm  New Modes of Positive Pressure and Data Management
          Mark Sanders, MD
1:45 pm  Assessment of Daytime Sleepiness and Impairment
          Peter Franzen, PhD
2:15 pm  Advanced Signal Processing During Attended Polysomnography
Martica Hall, PhD

2:45 pm  Vendor Display/Break

3:15 pm  Sleep Apnea
Rachel Givelber, MD

3:45 pm  Workshop 1
The Importance of Interface Variety and Fit for Patient Compliance
Kevin Reese and Jamaica Harris
Demonstration of Cough Assist
Melissa Ilnicki and James Rebstock
Actigraphy
Jack McKenzie, PhD (Minimitter)

4:15 pm  Workshop 2
Portable Monitoring
Oliver Drumheller and Ren Gancia
Data Management
Linda Hoskin
Pediatric Sleep Studies (monitoring and scoring)
Sangeeta Chakravorty, MD

4:45 pm  Conference Adjournment/Surveys
Anthony Wesolowski and Rebecca Timms

COURSE DIRECTOR
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Associate Professor of Medicine
Division of Pulmonary, Allergy & Critical Care Medicine
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Assistant Professor, Pediatric Sleep Medicine Center
Director, Sleep Evaluation Center
Assistant Professor of Pediatric Sleep Medicine

Peter Franzen, PhD
Assistant Professor of Psychiatry

Anne Germain, PhD
Assistant Professor of Psychiatry

Martica Hall, PhD
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Clete A. Kushida, MD, PhD, RPSGT
Director, Stanford Center for Human Sleep Research
Associate Professor, Stanford University Medical Center
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Timothy Monk, PhD, DSc
Professor of Psychiatry
Director, Human Chronobiology Research Program

Mark Sanders, MD
Professor of Medicine and Anesthesiology
University of Pittsburgh School of Medicine
Director of Research, Pulmonary Sleep Disorders Program

Daniel Weiner, MD
Assistant Professor of Pediatrics, University of Pittsburgh School of Medicine
Attending Physician, Division of Pulmonary Medicine
Medical Director, Pulmonary Function Laboratory
Associate Director, Antonio J. and Janet Palumbo Cystic Fibrosis Center, Children’s Hospital of Pittsburgh

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Kevin Reese, RRT
James Rebstock, CRT
Rebecca Timms, CRT, RPSGT
Anthony Wesolowski, RPSGT, CRT

In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference.

All faculty and staff are associated with the University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, unless otherwise noted.
REGISTRATION INFORMATION

On-line Registration accepted until November 8, 2007.

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.
2. Scroll to the Sleep Technology: The Building Blocks of Tomorrow section on the web page.
3. Click the Registration button and enter all the requested information.
4. After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

Please note: Registration is not complete until you receive the confirmation letter / email for your pre-registration. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-8232.

You must bring this confirmation with you to the conference.

If you are unable to register on-line please contact us for a paper registration form. UPMC employees whose registration fee will be remitted via journal transfer should request the paper registration form.

REGISTRATION FEES

$25.00 – All participants

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees. However, other costs incurred by the registrant, such as airline or hotel penalties, are the responsibility of the registrant.

Registration Fee includes:
• Continuing education credit
• Registration
• Continental breakfast, refreshments and bag lunch

METHOD OF PAYMENT

All Major credit cards accepted.

SPECIAL NEEDS

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412-692-2880.

FOR ADDITIONAL INFORMATION, CONTACT:

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VISIT THE CENTER FOR CONTINUING EDUCATION IN THE HEALTH SCIENCES WEB SITE

Our Internet address is: http://ccehs.upmc.edu

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